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NOV 2023 | CITY OF CLINTON QUARTERLY NEWSLETTER | VOLUME 7 | ISSUE 4

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Look for the next edition coming in February 2024!

A MESSAGE FROM THE MAYOR AND CITY ADMINISTRATOR

As the leaves have begun to fall, it is a great time to have nature reminds us that life is ever changing. Here in Clinton, Iowa we have four seasons and witness firsthand change happens. For starters, if you don't like the warm weather this late into fall, just wait until tomorrow. Have always enjoyed all four seasons and, in particular, the spectacular colorful foliage as it slips off the live tree falling as a lifeless detachment to the ground, blowing around to make fun with our neighbors, being raked up, mowed or eventually just returning to the earth, only to see new growth come in during the spring.

Had the question posed of what defines "success" for the City of Clinton. Mulled this question for a while and an initial thought took me back to a classic Stephen King book and movie called "The Shawshank Redemption (1994)." In the words of both actors, Tim Robbins and Morgan Freeman, "get busy living or get busy dying." What does the quote really mean? For those that have watched the movie, you will know; for those that have not watched, the meaning that fits into both life and communities is that "you are living when you are doing something positive and useful in your life, and you are dying when you aren't attempting to improve your life or those around you. Living requires hard work and willpower." Both as an individual and as a City, it equates to hard work and willpower. In a quote from the "The Wrath of Khan (1982)", Spock says, "Logic clearly dictates that the needs of the many outweigh the needs of the few." Captain Kirk answers, "Or the one." In our lives, we will never be what we were in our youth nor will a City be what it was in the past. However, both an individual and City can inspire to make each better, each and every day as we focus on the needs of the many, not the few.

Success doesn't have to come with outside accolades but it reinforces how strong our City Departments are. This can be seen clearly in two recent awards for two different City Departments. At the annual Iowa Public Transit Association Conference/Bus Rodeo, the MTA was honored for its FY22 ridership statistics by the Iowa Department of Transportation (IDOT) / Office of Public Transit. IDOT presented an award for "Small Urban Transit System of the Year" to the Clinton Municipal Transit Administration. This is directly contributed to the leadership of Director Dennis Hart. The Municipal Transit Administration (MTA) experienced a 19% increase in passenger rides for FY23 over FY22. The MTA provided 224,657 rides to the citizens of Clinton in FY23. In addition, the City created a new route the covers Fulton, and 19th Avenue North called the Lyons Business Park route.

The second City Department and overseen by the Airport Commission, was awarded for the very first time, the Distinguished General Aviation Airport Award. This is directly attributed to the work of the Airport Director Marlana Nass and the Fixed Base Operators (FBO). This is awarded to a general aviation airport (one that does not have airline service). The Clinton Municipal Airport is a very active general aviation airport serving eastern Iowa. They sponsor numerous aviation events throughout the year and have, as noted, an active FBO. Their most recent state safety inspection resulted in no discrepancies, and they frequently receive accolades from pilots for their runway condition and snow removal efforts. They maintain a modern and accessible terminal building and they have focused their recent AIP funding on important projects like taxiway and apron pavement improvements and terminal area fencing to secure the airport.

In this Lighthouse edition, you will be able to read and learn much more about all the City Departments. The Clinton Police Depart (CPD) has a created an article on Building Bridges, which is fitting in numerous aspects of life both for connecting people and places but also communication that bridges to all individuals to allow them to understand the topic or concept. This is critical for CPD for joint activities that Chief Kevin Gyrion and team work with the Sheriff's Office, to State and Federal organizations to the Schools and groups in the communities. Following the flow of operations, connectiveness and building back our City, the Public Works (PW) Department provides an overview of all the different activities they are involved in and which Departments do those specific activities. Over the last several years, PW Director Brian Lemke has expanded the responsibilities specifically in the Public Works Department and the additional tasks they have taken on. For example, the retaining wall work currently being done at Eagle Point Park, catch basins and concrete work, to name just a few.

As always, great info is in this edition of The Lighthouse from Community Development, providing guidance on snow and ice, not placing debris in the streets, how to file a nuisance complaint and an update on the 1000 block of South 4th Street. To the Clinton Fire Department (CFD) and Chief Joel Atkinson, providing why specific operations are done and the manpower required, to hands on CPR Training, Freeze on the Winter. Along with the Neighborhood Improvement Committee "Minutes Matter" which is working with homeowners to place "house numbers" on

A MESSAGE FROM THE MAYOR AND CITY ADMINISTRATOR continued on page 2...

Department of Parks & Recreation ERICKSEN COMMUNITY CENTER

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TEXT the following to 563-500-1585

to receive text updates from the Clinton Parks & Rec Dept



PARKNREC - GENERAL INFO | PNRADSP - ADULT SPORTS | PNRYTHSP - YOUTH SPORTS

CONTACTS

City Administration

Clinton City Hall: 611 S 3rd Street
P.O. Box 2958 Clinton, IA 52732
www.cityofclintoniowa.gov
563-242-2144

Building & Neighborhood Services
344 3rd Avenue S, Clinton, Iowa 52732
563-244-3360

Clinton Fire Department

Emergencies: 911 | Fax: 563-217-4570
Central: 344 3rd Ave S - 563-242-0125
Chancy: 2303 S 14th St - 563-242-0612
Lyons: 2311 Roosevelt St - 563-242-0321

Clinton Municipal Airport

2000 S 60th Street, Clinton, Iowa 52732
P: 563-242-3292 | Fax: 563-242-3488
www.facebook.com/FlyClinton

Clinton Police Department

113 6th Avenue South, Clinton, IA 52732
Emergencies: 911
Non-Emergency: 563-243-1458

Clinton Public Library - Main

306 8th Avenue South, Clinton, IA 52732
563-242-8441 | www.clintonpubliclibrary.us

Clinton Public Library - Lyons

105 Main Avenue, Clinton, IA 52732
563-242-5355 | www.clintonpubliclibrary.us

Clinton Regional Water Reclamation Facility

4025 South 30th Street, Clinton, Iowa 52732
P: 563-242-4064 | F: 563-243-4066

Public Works Department

P: 563-242-5756

Clinton County Area Solid Waste Agency

4292 220th Street, Clinton, IA 52732
P: 563-243-4749 | E: ccaswa@ccaswa.com

Parks & Recreation Department

1401 11th Avenue North, Clinton, IA 52732
www.cityofclintoniowa.gov/225/Parks-and-Recreation-Department
P: 1-563-243-1260 | F: 1-563-242-6131

Municipal Transit Administraion

1320 S 2nd Street, Clinton, Iowa 52732
563-242-3721

Community Development Department

611 South 3rd Street
P: 563-242-7770

A MESSAGE FROM THE MAYOR AND CITY ADMINISTRATOR continued from page 1...

their properties to assist the CFD in locating houses quickly and accurately. Finally, the reason The Lighthouse was created, to inform residents of all of the activities that the Parks and Recreation Department is doing. Parks and Recreation Director Josh Eggers shared outstanding tidbits in preparation of the November 15, 2023 "State of the City" with over 3000 Youth Sports Participants, 98 Adult Sports Teams, General Fund Revenue

increased 30% and 17% growth in Summer Camp at The Rec!

Please take this time as the holiday season approaches to appreciate those family and friends you have, reach out to those you may not have spoken to or spent time with in a while, and feel the true pull of altruism by giving more than you receive. It may give you another perspective on "success" in your life. As for the City, defining a "successful" Clinton, simply making it a better place than when each of us found it. We will continue to strive for Stability, Balance, Improvement and Community to make a community that is

successful by providing jobs, a safe place to live and More Things to do with a Riverview. In the words of author Kurt Vonnegut, "of all the words of mice and men, the saddest are, 'It might have been.' " Therefore, we remain focused on planting seeds in order to produce shade tomorrow. Our best definition of "Success" may just be to improve the City and never have to say "it might have been" but make it so. Future generations will not know the names who did this, rather they will know those that came before them created and made the place they live in, Clinton, Iowa, the place to call home.

MUNICIPAL TRANSIT ADMINISTRATION (MTA)

NEW BUS ROUTE: LYONS BUSINESS PARK ROUTE

A new MTA bus route was approved by the City Council on July 25, 2023, to operate on a trial basis from August 21, 2023 to December 1st, 2023. A ridership analysis will be conducted in late November to see if it is feasible to continue the route's operation.

This new bus route is called the Lyons Business Park route. The route operates Monday through Friday 8:05 AM to 3:35 PM. This bus route includes a loop into the City of Fulton's downtown area. Some of the areas

that are served by the new route are as follows: Clinton County Courthouse/ Sheriff's Department, City of Fulton, Clinton County Administration, ASAC, Clinton Humane Society, Data Dimensions, Bridgeview Community Mental Health Center, Medical Associates and The Light House Schools. The bus will make stops along the route that are safe to allow passengers on or off the bus. The MTA encourages our citizens to use our public transit system and to continue making the Clinton area a viable and accessible city to all citizens.

STROLLER & CART POLICY

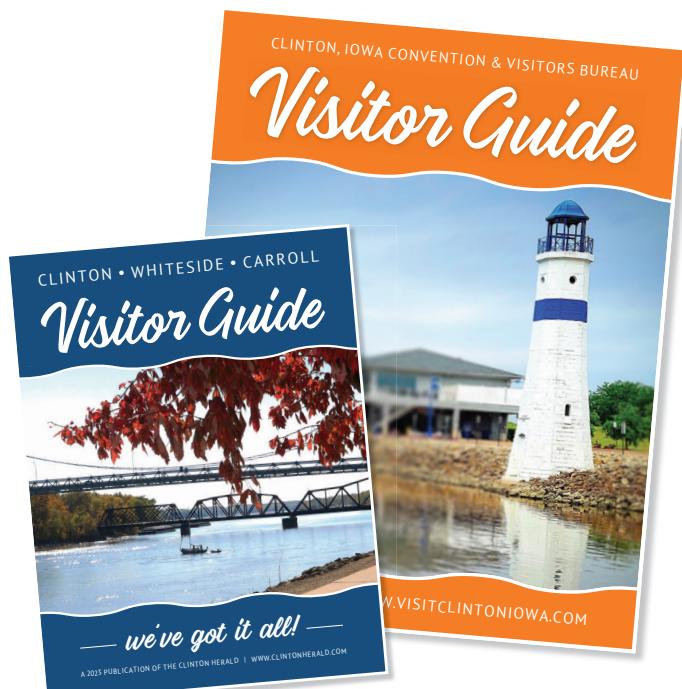
chair seating areas even when those areas are not occupied.

All children and/or possessions, such as groceries, must be removed from strollers and carts. Strollers/carts must be collapsed and stored out of the aisle and doorways.

Passengers will not be allowed to board with large strollers/carts or other items that cannot be collapsed and safely stored.

Passengers are limited to items that can be contained in their personal space which is no more than their seat and the adjacent seat. Only items the customer can personally carry in one boarding of the vehicle will be transported.

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CASH REWARDS CHECKING

- You will receive a cash back reward of \$.25 per debit card purchase that posts and settles to the account, up to \$5.00 per monthly statement cycle (excludes ATM withdrawals).
- You will receive an additional reward of \$5.00 per monthly statement cycle if 50 debit card purchases post and settle per monthly statement cycle.
- Reward is paid at the end of the statement cycle.



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COMMUNITY DEVELOPMENT: CODE ENFORCEMENT

Snow & Ice Removal 97.027

In the event of snow and / Or ice remains on the sidewalk for more than 48 hours after the snow stops falling, or after ice forms, the city may remove the snow or ice from the sidewalk. The costs of actual removal, plus filing fee, will be assessed against the property for collection in the same manner as a property tax. It is unlawful to throw, push or place snow from private property onto the street or alley.

If a complaint is received regarding sidewalks not being shoveled 48 hours after the snow or ice event has stopped you will receive a tag on your door giving you 24 hours to clear the sidewalk.

Business district sidewalks

In the event snow and/or ice remains on a business district sidewalk for more than 12 hours after the snow stops falling, or after ice forms, the city may remove the snow or ice from the sidewalk.

Trees & Shrubs 98.06

With colder weather approaching it is the perfect time to assess your trees and shrubs on your property. If your tree has limbs hanging over the street those limbs need to be trimmed so they are 13 feet above street level. Also ensure all branches are trimmed back from the roadway in the parking areas. All tree branches hanging over sidewalk areas need to be trimmed so they are 9 feet above the sidewalk level. Ensure all bushes/shrubs are trimmed back from sidewalks so that the bushes/shrubs are not encroaching into the sidewalk.

City Garbage Totes 50.25

Just a friendly reminder to remove your city totes from the curb, alley or area of which it is placed for dumping. This ensures with the winter winds that they will not be blown into the roadway or sidewalk and become an obstruction. Carts may be put out 12 hours before the collection date and 12 hours after the collection date.

(3) No person shall deposit a garbage, yard waste, or single-stream recycle container upon the parking, terrace or alley more than 12 hours before the date designated for garbage, yard waste, or recycle collection. No person shall allow garbage, yard waste, or single-stream recycle containers to remain on the parking, terrace or alley for more than 12 hours after the date designated for solid waste collections.

(4) All garbage, yard waste, or recycle containers shall be stored behind the front yard building setback, except when placed on the parking, terrace or alley on the designated date of collection.

If a complaint is received regarding city totes being left out at the curb, Code Enforcement will notify the owner by certified mail that they are in violation of this ordinance and request they move the totes back to the house.

97.003 Placing debris in / on Streets

With fall upon us this is a great time to remind residents to keep leaves, grass and such out of the roadway, this ensures the storm drains do not clog up. Please keep the curb line free of leaves this fall and place them in your yards waste tote.

It is unlawful for any person to throw or deposit on any street or alley any glass, glass bottle, nails, tacks, wire, cans, trash, garbage, rubbish, litter, offal, leaves, grass or any other debris likely to be washed into the storm sewer and clog the storm sewer, or any substance likely to injure any person, animal or vehicle.

Code Enforcement and how to file a nuisance complaint

Code enforcement includes a variety of activities including nuisance abatement, property maintenance, zoning enforcement, International Property Maintenance and other City code enforcement deemed to be a nuisance or assigned to Code Enforcement.

Code Enforcement officers respond to a variety of complaints on a daily basis. Violators are notified by certified letter of what the violations is as well as the time frame to correct the violations. If a

resident ever needs more time to correct the violation all they have to do is all the officer listed on the letter and request more time. The officers are more than willing to work with property owners to bring the property into compliance.

There are several ways to file a complaint. If you file a complaint, please provide us with as much detail as possible.

1. Online from the City website (www.cityofclintoniowa.gov) and click "report a concern"
2. Call City Hall 563-242-2144, and when prompted, press 3
3. By email - go to City website and click on departments and go to Community Development

Needed Information

What we need to know:

- Property Address
- Nature of the violation (tall grass, junk vehicle, garbage, etc.) Please be specific; this helps our staff to quickly identify the possible violation.

Community standards for property maintenance have been established to preserve and improve neighborhoods, and to ensure public health and safety. All property owners play a role in maintaining a healthy community. Maintaining property free of nuisances improves public health, safety and the curb appeal of our community, and the neighborhood you live in.

1000 Block of South 4th Street Project

The City of Clinton applied for a Brownfields Clean-up Grant from the Environmental Protection Agency (EPA) back in November 2022. In June 2023, the City was awarded the Clean-up grant in the amount of \$500,000, with grant funds to be received sometime in October 2023. The City also received financing from East Central Intergovernmental Association (ECIA) Brownfields Coalition Revolving Loan Fund to assist with the clean-up; these funds are also funded through the EPA.

On August 11, 2023, the 1006-1008 South 4th Street structure unexpectedly collapsed. The EPA and the Iowa DNR worked diligently with City staff in the days after the collapse to ensure the City would still be eligible for the grant funds for this site. EPA and Iowa DNR approved the City's plan for a safe demolition of the remaining structures north of the collapsed building as well as the plan to cover the debris and have the monitoring in place (in accordance with EPA and Iowa DNR regulations).

The City is now working through the grant rules and regulations for the remaining building to be demolished and the entire site cleaned up. The City continues to follow EPA and Iowa DNR rules and regulations for site monitoring. More information on this project and the grant can be found on the City of Clinton's website (under Departments – Community Development Department).

You may ask yourself 'What is a Brownfield?'

The term brownfield typically refers to land that is abandoned or underused, in part due to concerns about contaminations. They can be abandoned, idled or underused industrial and commercial properties where redevelopment is complicated by perceived environmental contamination. Brownfields can be anything from former service stations, factories and landfills to many other types of structures and vacant lots.

These sites sit idle and everybody loses, from the blight they create in the neighborhood to the declining property values. Once cleaned up, developers are sought out to develop in that location which spurs growth and new jobs. These revitalized brownfields sites breathe new life into neighborhoods.

There are many incentives for redeveloping a brownfields site, including federal, state and local tax incentives as well as grants and low-interest loans.

THE CLINTON HERALD'S 15TH ANNUAL

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1504 N 2nd St, Clinton

Camanche Branch

2603 Camanche Industrial

Park Rd, Camanche

Fulton Branch

415 10th Ave #1735, Fulton

Addington Place

1701 13th Ave N, Clinton

Aegis Credit Union

1200 N 2nd St, Clinton

Central Bank - Illinois

1404 14th Ave, Fulton

Clausen Trucking & Warehousing

2220 S 21st St, Clinton

Clinton National Bank

Main Branch

235 6th Ave S, Clinton

Lyons Branch

1912 North 2nd St, Clinton

Lincolnway Branch

2350 Lincolnway, Clinton

Clover Hills Appliance

1601 N 2nd St, Clinton

Don's Jewelry

200 Main Ave, Clinton

DuTrac Community Credit Union

2900 S. 25th St, Suite A, Clinton

Fareway

1350 11th St NW, Clinton

Pizza Ranch

1347 11th St NW, Clinton

Sloan Implement

18390 Waller Rd, Fulton

Sweetheart Bakery

241 Main Ave, Clinton

The Alverno

849 13th Ave N, Clinton

Turner Appliance

317 N 2nd St, Clinton

Wild Rose Casino

777 Wild Rose Dr, Clinton

Zirkelbach Home Appliances

225 5th Ave S, Clinton

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CLINTON FIRE DEPARTMENT

“WHEN I CALL FOR AN AMBULANCE WHY DO I SOMETIMES SEE A FIRETRUCK RESPOND ALONG WITH THE AMBULANCE?”

You may wonder why it makes sense to send a fire truck to a medical emergency call. With an average of 80% of the roughly 5,000 calls for service that the Clinton Fire Department responds to being medical in nature there are a few key reasons why this happens.

First, it is a matter of available resources that are closest to the scene that are available for medical responses. All members of the CFD are licensed by the State of Iowa and Illinois which allows for Basic Life Support (BLS) and Advanced Life Support (ALS) and transportation of the sick and injured to the hospital or next level of care. The CFD operates two 24-hour ALS ambulances, two 24-hour ALS Ladder Companies, one 24-hour ALS Engine Company and an ability to flex two more ALS ambulances into service.

Second, there are two firefighter/paramedics on the ALS ambulance and two personnel on the ALS fire truck/engine. Many times, when someone is very sick they need advanced life support (ALS) care. ALS treatment includes starting Intravenous (IV) fluids, monitoring cardiac rhythms, providing oxygen, administering medications, possibly performing CPR, and/or defibrillating a patient, which is

delivered at the National Standard American Heart Association levels with these National standards recommending four personnel for ALS incidents.

Additionally, to have extra personnel from the fire truck/engine has to do with helping to safely move the patient to the ambulance. Most people that are so sick that they need an ambulance need to be carried on a cot. If the bedroom is on the second floor, or if there are steps outside the house, it may take more than two people to safely get the patient down the steps.

Having the two paramedics on the medic unit is not enough to appropriately treat these critically injured or ill patients. It takes the additional personnel with training to correctly treat these patients. For example:

- 1) Two firefighters are needed to maintain the airway
- 2) One firefighter starts an IV
- 3) One firefighter defibrillates a cardiac arrest patient
- 4) One firefighter is needed to administer medication

5) One firefighter provides chest compressions.

As you can see from this example, it takes six firefighters to properly treat a critically ill patient.

The truth is, in almost all incidents, that emergency responders do not know how critical the patient is or how dangerous the scene is until they arrive on scene and having the extra personnel allows our staff to operate at a safer scene. It is standard operating procedure for the Clinton Fire Department to arrive at the scene of a medical emergency with the appropriate number of personnel to treat the patient. What may appear to be a minor illness or injury to the untrained bystander, it can turn out to be more serious. This serious condition requires the additional skills and staffing from firefighters assigned to a fire truck to properly treat the patient.

In conclusion, the Clinton Fire Department would like all citizens to know that we strive to provide the highest standards of care possible. This can only be accomplished through a coordinated effort involving the response of both an ambulance and fire truck to some medical emergencies.

HOLIDAY FACTS

THANKSGIVING FIRE FACTS

- Thanksgiving is the peak day for home cooking fires with more than three times the daily average for such incidents. Christmas Day and Christmas Eve ranked second and third, with both having nearly twice the daily average.
- In 2019, U.S. fire departments responded to an estimated 1,400 home cooking fires on Thanksgiving, the peak day for such fires.
- Unattended cooking was by far the leading contributing factor in cooking fires and fire deaths.
- Cooking caused half (49 percent) of all reported home fires and more than two of every five (42 percent) home fire injuries, and it is the second leading cause of home fire deaths (20 percent) in 2015-2019.

Source: NFPA Research

WINTER HOLIDAY FIRE FACTS

- Electrical distribution or lighting equipment was involved in almost half of home Christmas tree fires.
- Nearly one in five Christmas tree fires were started by decorative lights. Eight percent were started by candles.
- Roughly two of every five home Christmas tree fires started in the living room.
- Year round, more than one-third (35 percent) of home decoration fires were started by candles. This jumped to almost half in December when candles started 45 percent of such fires. Cooking started one-fifth (19%) of decoration fires.

CHRISTMAS TREE & DECORATION FIRES

Carefully decorating your home can help make your holidays safer. Between 2015-2019, U.S. fire departments responded to an average of 160 home fires that started with Christmas trees per year. U.S. fire departments responded to an estimated average of 790 home structure fires per year that began with decorations, excluding Christmas trees.

A live Christmas tree burn conducted by the U.S. Consumer Product Safety Commission (CPSC) shows just how quickly a dried-out Christmas tree fire burns, with flashover occurring in less than one minute, as compared to a well-watered tree, which burns at a much slower rate.

HOLIDAY DECORATIONS

- U.S. fire departments responded to an estimated average of 790 home structure fires per year that began with decorations, excluding Christmas trees, in 2015-2019. These fires caused an annual average of one civilian fire death, 26 civilian fire injuries and \$13 million in direct property damage.
- One in five home decoration fires occurred in December.
- The decoration was too close to a heat source such as a candle or equipment in more than two of every five incidents.
- Year-round, more than one-third of home decoration fires were started by candles. Cooking started 19 percent of decoration fires, 12 percent involved electrical distribution and lighting equipment, heating equipment was involved in 11 percent, 8 percent were intentionally set, and smoking materials started 7 percent.
- Candles caused 45 percent of home decoration fires in December.

CANDLES

- Between 2015-2019, U.S. fire departments responded to an average of 7,400 home fires that were started by candles. These fires caused an average of 90 civilian deaths, 670 civilian injuries and \$291 million in direct property damage.
- On average, 20 home candle fires were reported each day between 2015-2019.
- Three of every five candle fires started when something that could burn, such as furniture, mattresses or bedding, curtains, or decorations, was too close to the candle.
- Candle fires peak in December and January with 11 percent of candle fires in each of these months.
- Christmas is the peak day for candle fires with roughly 2.5 times the daily average.

HOLIDAY COOKING

- Thanksgiving is the peak day for home cooking fires, followed by Christmas Day and Christmas Eve.
- Cooking equipment was involved in one of every five (19%) of home decoration fires. This can happen when a decoration is left on or too close to a stove or other cooking equipment.

ADDRESSES

Minutes Matter in an emergency. Did you know that your Emergency responders depend on accurate information to guide them to the scene of an emergency? These responders depend on the information passed on via dispatch to be accurate and precise. In the event of an emergency, responders only have seconds to decipher information and put to action. A large part of that information is the house or building number. Improper numbering or no numbering at all can delay the responders, and potentially be detrimental to the well-being of the caller. Imagine calling 911 for an unresponsive subject, it is unknown if they are breathing. You give the information to the dispatcher, only to have the ambulance delayed as they drive past the house. All because the house wasn't marked properly. Please take a minute to look at your house front. Is it marked well enough to see from the roadway? If it isn't, please take the time to mark it according to the City of Clinton standards as listed below. This may make a difference between life and death.

City of Clinton Code of Ordinance § 153.02 OWNER REQUIREMENTS

Every owner shall comply with the following numbering requirements.

(A) Building identification location. The owner of every building and residence shall obtain and have conspicuously placed a standard type number on the front entryway of the structure, plainly visible from the street or, in the case of rural areas, the number should be attached to the rural mailbox at the street location for identification purpose.

(B) Number standard. The type of number should be a standard four-inch high block letter with a color in contrast to the building wall. On rural type street mailboxes, a three-inch number is permitted.

(C) Failure to comply. If an owner refuses to number a building as herein provided, or fails to do so after being notified in writing by the city to do so, the city may proceed to place the assigned number on the principal building and assess the costs against the property for collection in the same manner as a property tax.

(1999 Code, § 150.02) Penalty, see § 10.99



CPR Guide



HANDS-ONLY CPR VS. CPR WITH BREATHS

HANDS-ONLY CPR



CALL 911



PUSH HARD AND FAST IN THE CENTER OF THE CHEST

Public awareness campaign to get more people to act when they encounter a cardiac arrest. Starting point to get more people to learn CPR.

Will not meet requirements if you need CPR for your job.

CPR TRAINING



COMPRESSIONS + BREATHS

Offered through online or in-person classes. Provides more in-depth training with an instructor, including CPR with breaths and choking relief.

Often necessary for people who need CPR training for work.

HOW DOES IT WORK?

Chest compressions are good for the first few minutes someone is in cardiac arrest, pushing remaining oxygen through body to keep vital organs alive. Buys time until someone with more skills can provide help.

CPR with breaths combines chest compressions and breaths, providing additional oxygen to circulate throughout the body.

WHO CAN I USE IT ON?

Adult and teens.

Anyone who is in cardiac arrest, including: adults and teens, infants and children, pregnant women and any victims of drowning, drug overdose, collapse due to breathing problems or prolonged cardiac arrest.

HOW DO I LEARN?

Go to heart.org/handsonlycpr to learn the steps of Hands-Only CPR.

Go to heart.org/cpr and click on FIND A COURSE to find a class online or near you.



Hands-Only CPR Fact Sheet



Why Learn Hands-Only CPR?

Cardiac arrest – an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs – is a leading cause of death. Each year, more than 350,000 EMS-assessed out-of-hospital cardiac arrests occur in the United States.

When a person has a cardiac arrest, survival depends on immediately receiving CPR from someone nearby.

According to the American Heart Association, about 90 percent of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

Be the Difference for Someone You Love

If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.

Over 70% of out-of-hospital cardiac arrests happen in homes.

Only about 40% of people who experience an out-of-hospital cardiac arrest receive the immediate help that they need before professional help arrives.

Hands-Only CPR has been shown to be as effective as conventional CPR for cardiac arrest at home, at work or in public.

Hands-Only CPR has just two easy steps, performed in this order:

- 1 Call 911 if you see a teen or adult suddenly collapse.
- 2 Push hard and fast in the center of the chest to the beat of a familiar song that has 100 to 120 beats per minute.

Call 911

The telecommunicator on the other end of the line can assist you while getting the emergency help you need on the way.

Music Can Save Lives

Song examples include "Stayin' Alive" by the Bee Gees, "Crazy in Love" by Beyoncé featuring Jay-Z, "Hips Don't Lie" by Shakira or "Walk the Line" by Johnny Cash. People feel more confident performing Hands-Only CPR and are more likely to remember the correct rate when trained to the beat of a familiar song.

When performing CPR, you should push on the chest at a rate of 100 to 120 compressions per minute, which corresponds to the beat of the song examples above.

Take 90 Seconds to Learn How to Save a Life

Watch the 90-second video. Visit heart.org/handsonlycpr to watch the Hands-Only CPR instructional video and share it with the important people in your life. Hands-Only CPR is a natural introduction to CPR, and the AHA encourages everyone to learn conventional CPR as a next step. You can find a CPR class near you at heart.org/cpr.

NOTE: The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.





Put a FREEZE on Winter Fires

Home fires occur more in winter than in any other season. As you stay cozy and warm this winter, be fire smart!

DEC JAN FEB

Half of all home heating fires occur in December, January and February.

1 in every 7 home fires and 1 in every 5 home fire deaths involves heating equipment.

Keep anything that can burn at least 3 feet from any heat source like fireplaces, wood stoves, radiators or space heaters.

Keep portable generators outside, away from windows, and as far away from your home as possible.

Install and test carbon monoxide alarms **at least once a month**.

Have a qualified professional clean and inspect your chimney and vents **every year**.

Store cooled ashes in a tightly covered metal container, and keep it outside at least 10 feet from your home and any nearby buildings.

CLINTON POLICE DEPARTMENT

BUILDING BRIDGES: FOSTERING TRUST AND ENCOURAGING VOICES IN OUR COMMUNITY

In recent times, the symbiotic relationship between a police department and the community it serves has come into sharper focus. We at the Clinton Police Department firmly believe in the principle that our true strength is derived not from the badges we wear but from the trust and collaboration we share with our community. Building and maintaining that trust becomes paramount as we move forward, especially in fostering an environment where everyone feels empowered to speak up when they witness something amiss.

Firstly, let us acknowledge that trust is a two-way street. While we strive for excellence in our daily duty, we recognize that we must be transparent, accountable, and responsive to the needs and concerns of our residents. This is not merely a commitment but a solemn duty. Every officer in the Clinton Police Department is trained with the understanding that they are a part of the community they serve and that their actions, big or small, influence the fabric of this relationship.

For our community members, trust in the Police is essential for their own safety and the safety of their neighbors. When trust is present, individuals are more likely to report crimes, provide crucial information, and collaborate in community safety initiatives. This cooperation significantly improves the effectiveness of policing, making our

Clinton County CRIME STOPPERS

Wheatland - Toronto - Lost Nation - Calamus - Grand Mound - DeWitt

Delmar - Charlotte - Goose Lake - Andover - Clinton - Camanche - Low Moor

563-242-6595 or 888-883-8015

community a safer place for all.

We are putting several initiatives into place to increase this trust between us. We are expanding our community engagement initiatives for free-flowing discussions, and making sure that our officers receive ongoing training in community relations. We've leveraged technology to make our operations more transparent, such as introducing body cameras and regularly updating our community about ongoing investigations and accomplishments through various platforms.

However, building trust goes beyond policies and procedures. It's woven into the day-to-day interactions our officers have with the public. Every interaction matters, whether it's a friendly chat during a

routine patrol, helping out at community events, or resolving issues with empathy and respect.

To our community members, your voice is invaluable. Speaking up when you see something wrong doesn't just help us; it fortifies the community's immune system against potential threats. If you're hesitant because you're unsure if what you've witnessed is actually a crime or you're concerned about potential repercussions, remember that we're here to help and guide you. Even if it's anonymous, reporting can be critical in preventing a crime or ensuring justice is served.

In conclusion, the Clinton Police Department is unwavering in our dedication to serving our community with honor and integrity. We understand that trust is built one action at a time, one day at a time. We are committed to building bridges with our community, fostering an environment of mutual respect, and ensuring that every voice is heard. Together, as partners in safety, we can create a community where everyone feels secure, valued, and empowered.

The non-emergency phone number for Clinton PD is (563) 243-1458. If you wish to remain anonymous, you can provide an online tip at www.p3tips.com or call Clinton County Crime Stoppers at 563-242-6595.

ONE MIND CAMPAIGN AND THE CLINTON POLICE DEPARTMENT

When Kevin Gyron became Chief of Police in Clinton, he had a vision to change the department from reacting to calls involving individuals with mental health conditions to becoming proactive with improved responses, training, and resources to support those in crisis.

Nationwide studies show approximately 5% of U.S. residents have a serious mental health condition, and 10%-15% of individuals in jail have a severe mental health condition. 32% of repeat offenders arrested two to three times had a history of mental health conditions. 65%-70% of justice-involved youth have at least one diagnosable mental health condition, and just over 60% met the criteria for three or more mental health conditions.

The One Mind Campaign promotes successful interactions between law enforcement and individuals with mental health conditions. This initiative focuses on uniting public safety professionals, mental health organizations, and community service providers so that the three become "of one mind" to improve the welfare of vulnerable individuals, enhance officer safety, and create sustainable relationships.

The International Association of Chiefs of Police requires agencies to:

- Establish partnerships with one or more community mental health organizations.
- Develop and implement a policy addressing law enforcement response to individuals with mental health conditions

- Train and certify 100% of sworn officers in mental health response and awareness by:
- Training a minimum of 20% of sworn officers in Crisis Intervention
- Provide the remaining 80% of sworn officers with Mental Health First Aid training.

Members of the Clinton Police Department, both sworn and non-sworn, have attended Mental Health First Aid training over the last two years. 80% of our sworn officers have attended the Crisis Intervention Team (CIT). The Clinton Police Department continually evaluates and trains our officers and staff on our response to those in crisis.

The Clinton Police Department developed and implemented a proactive policy addressing officers' response to individuals with mental health conditions. Under the guidance of Chief Gyron, a partnership was developed with the Eastern Iowa Mental Health and Disability Service Eastern Iowa Region Crisis System to pilot a Co-responder model. This co-responder program partners a mental health worker with a police officer, and both respond to calls that involve persons having a self-identified crisis. The Clinton Police Department and Eastern Iowa Mental Health and Disability Service Eastern Iowa Region Crisis System are taking services directly to those in need at their most vulnerable time. This partnership and co-responder model is one of the first in the state of Iowa and serves as an example for

other law enforcement agencies.

When the co-responder model began, Clinton Fire Department Chief Joel Atkinson and Clinton County Communications Director Eric Dau joined the partnership. Together, we developed a plan to train firefighters in mental health for the first responders and have a crisis mental health worker respond with the ambulance where the Police weren't needed. We worked with Communications Operators who routinely field calls from persons in a mental health crisis. These operators prioritize calls under the guidance of a Medical Director and may send Police or fire or route the call to Your Life Iowa Crisis Line, where mobile crisis counselors can be dispatched.

Since the implementation of the pilot project in November 2019, the City of Clinton has been an example to the rest of the region. The pilot project expanded to all five counties in the Eastern Iowa MH/DS Region and continues to expand in Clinton. Data collected from the project shows that 90-95% of the calls mental health professionals are responding to alongside law enforcement are able to remain in their community and receive follow-up from a care coordinator as opposed to going to the hospital or jail. Through the co-responder model, we have been able to work together to get the right care to the community at the right time. We have developed important relationships, and those relationships continue to grow. As a result, we have been able to fill in gaps in our community through working together.

CAN I OPERATE MY ATV, UTV, AND GOLF CART IN THE CITY?

ATV's & UTV's

ATVs and UTVs can be operated on any street with a speed limit of 35 miles per hour or less, excluding any primary road extensions (Mill Creek Parkway, Highway 30, Highway 136, and Highway 67). ATVs and UTVs may cross a primary road extension in order to reach streets where lawful operations are permitted. Persons operating ATVs and UTVs on City streets shall have a valid and current permit from the Iowa Department of Natural Resources and shall meet all other City Code requirements as found in City Code Chapter 86.

Golf Carts

Golf carts can be operated on any street with a speed limit of 30 miles per hour or less, excluding any primary road extensions (Mill Creek Parkway, Highway 30, Highway 136, and Highway 67). Golf carts may cross a primary road extension in order to reach streets where lawful operations are permitted. Persons wishing to operate a golf cart on City streets are required to obtain a one-time City operation permit. Permits can be obtained at the Clinton County Recorder's Office, 1900 North 2nd Street, and the cost per golf cart is \$50.

86.08 UNLAWFUL OPERATION.

(A) No person shall operate an ATV, UTV, or golf cart on a city street without being 18 years of age and possessing a valid driver's license.

(B) No ATVs, UTVs, or golf carts shall be operated or parked upon city sidewalks, trails, or other city lands unless clearly marked for ATV, UTV, or golf cart use.

(C) No ATVs, UTVs, or golf carts shall be operated on private property without the express consent of the property owner.

(D) No ATVs, UTVs, or golf carts shall be operated while under the influence of intoxicating liquor, narcotics, or habit-forming drugs. (Iowa Code § 321I.14(1c))

(E) No person shall operate an ATV, UTV, or golf cart in a careless, reckless, or negligent manner, endangering the person or property of another or causing injury or damage to the same. (Iowa Code § 321I.14(1b))

(F) No ATVs, UTVs, or golf carts shall be operated in violation of the traffic laws of the city and the state.

(G) No ATVs, UTVs, or golf carts shall carry more passengers than that for which the ATVs, UTVs, or golf carts are designed.

(H) No person shall ride in a UTV unless seated in a designated seat and secured with a safety belt.

(I) No seat shall be used by more than one person at a time.

(J) No cargo, materials, supplies, or other items may be transported on ATVs, UTVs, or golf carts without being properly restrained.

(K) No ATV or UTV shall be operated without a lighted headlight and tail light from sunset to sunrise and at such other times when conditions provide insufficient lighting to render clearly discernible persons and vehicles at a distance of 500 feet ahead.

(Iowa Code § 321I.14(1d))

(L) No person shall leave an ATV, UTV, or golf cart unattended on public property while the motor is running or the keys are in the ignition switch.

(M) No person shall operate an ATV, UTV, or golf cart in a city park except on roadways intended for regular vehicular traffic or on trails specifically designated for ATV, UTV, and/or golf cart use, such as Riverview Drive or paved roadways inside Eagle Point Park. This restriction shall not apply in city parks during events wherein the operation of ATVs, UTVs, or golf carts are specially permitted.

(N) Proof of insurance, as required in this chapter, must be maintained during operation of all ATVs, UTVs or golf carts.

(Ord. 2662, passed 11-10-2020) Penalty, see § 10.99

THE ORIGINAL

HARLEM GLOBETROTTERS

2024 WORLD TOUR



DON'T MISS OUT!

Presented By Jersey Mike's Subs

THE ORIGINAL

HARLEM GLOBETROTTERS

2024 WORLD TOUR

JANUARY 8, 2024 | 7:00PM

VIBRANT ARENA AT THE MARK, MOLINE, IL

SCAN HERE TO PURCHASE TICKETS!

OR VISIT WWW.HARLEMGLOBETROTTERS.COM



PARKS & RECREATION DEPARTMENT ACTIVITIES

“WE WORK... SO YOU CAN PLAY!”

ERICKSEN COMMUNITY CENTER: 1401 11TH AVENUE NORTH, CLINTON, IA 52732 | P: 1-563-243-1260 | HOURS: MON - FRI 8AM - 5PM

MARINA OFFICE (LOWER LEVEL OF CANDLELIGHT INN): 511 RIVERVIEW DR, CLINTON, IA | P: 563-242-3600 | HOURS: APRIL - OCT 9AM - 6PM

WEBSITE: www.cityofclintoniowa.gov | ONLINE REGISTRATION: www.cityofclintoniowa.gov/225/Parks-and-Recreation-Department

Follow us on Social Media: Facebook  City of Clinton - Parks & Recreation Department | Instagram  CityofClintonParksandRec | Twitter  @CityofRec

ACTIVITY AREA HOURS

ADMIN OFFICE - OPEN YEAR-ROUND

8am - 5pm, Monday - Friday (except Holidays)
24 HOURS FOR FITNESS MEMBERS

ACTIVITY AREA HOURS (LOWER LEVEL OF REC)

| | | Year- round (except Holidays) | |
|----------------------------|-------------------------|-------------------------------|--|
| MON - FRI | Jog and Walk Club | 6am-9am | |
| | Fitness Center Day Pass | 6am-8pm | |
| SATURDAY | All Areas - Drop in Rec | Noon-5pm (Pending no leagues) | |
| SUNDAY | All Areas - Drop in Rec | Noon-5pm (Pending no leagues) | |
| June 1 - Aug 30 | | | |
| Scheduled Drop-in | | | |
| Sept. 1 - May 30 | | | |
| Gyms | | | |
| Drop-in Rec | | 9am - 5:30pm | |
| League Play & Rec Programs | | 5:30pm-10pm | |
| Fitness Center Day Pass | | 6am-8pm | |

Summer Hours

5:30pm-8pm (M-F pending no leagues)

Special Events and/or programs are held throughout the year. Please consult the recreation program brochure and watch for flyers that adjust these listed hours or visit our website @ www.cityofclintoniowa.gov.

MEMBERSHIP FEE SCHEDULE

Fitness Membership - Weight Room, Gyms, Classes if available

| | Daily | Annual | Monthly | Monthly Auto-Deduct |
|----------------------|-------|--------|---------|---------------------|
| Student (Ages 16/17) | \$4 | \$162 | \$22 | \$15 |
| Senior (age 55+) | \$4 | \$162 | \$22 | \$15 |
| Adult | \$5 | \$216 | \$27 | \$20 |
| 2-Person | | \$324 | \$37 | \$30 |
| Family (6pppl) | | \$432 | \$47 | \$40 |

Additional Family Member (Youth) - \$10

We take Tivity Memberships - Prime/Prime PB/Silver Sneakers and ASH

Club Membership - access to the Clubs at Rec - \$20 a year

| | | |
|-------------------------|---------------|-------------|
| Jog and Walk | Monday-Friday | 6am-9am |
| Knitting & Crochet Club | Tuesdays | 9am-11:30am |

Basic Membership - big and small gyms and youth room

| | |
|-------------------|--|
| Student Ages 7-17 | \$25 annually (daily \$4) (6 and younger free) |
| Senior | \$25 annually (daily \$4) |
| Adult 18+ | \$50 annually (daily \$5) |
| 2-Person | \$75 annually |
| Family | \$100 annually |
| Daily Pass: | \$5 |

FINANCIAL ASSISTANCE FOR YOUTH SPORTS

Financial assistants available for youth sports if child qualifies for free and reduced lunch. Must provide letter from school for each school year.

CAMPGROUNDS

The Clinton RV Campground's 'off season' rate from mid-to-late October to April 15 (weather dependent) fee is \$15 a night. There is no time limit on the stay at your camp site and no weekly/monthly discounts. The bathrooms are closed and there is only ONE water source in the inner circle. Best pads to use for the water source are camp pads 28 or 5. Please fill your unit and unhook to prevent frost/freezing (we WILL remove any hoses left hooked up). The dump station is available for use, however, no running water to rinse your units out. You'll find the payment envelopes in the black mailbox on the side of the washhouse as well as the black payment box to drop your payment into. For specific information, please contact the Clinton Marina office at 563-242-3600 to leave a message and we'll get back to you as soon as possible. Or, for general questions, contact the Erickson Community Center at 563-243-1260.

MARINA

The Clinton Marina office is closed from mid-December to February 1, but we will return phone messages, emails, and FB questions on a timely basis once received. All payments may be sent to or dropped off at the Erickson Community Center during their regular business hours. If you're looking for a slip for the 2024 season (which begins April 1), please reach out to be placed on our waiting list. Slip placement will start in approximately the third week of February. Messages can be left at: 563-242-3600, by email at: marina@cityofclintoniowa.us, or FB message us on our 'Clinton Marina' Facebook page.

Marina Mechanic Tyler Jensen offers an array of services from winterization and wrapping to full-service mechanic needs, stereo/sound systems, custom detailing; seat, carpet, and canvas repair. He can be reached at 563-249-7341.

TEXT THE FOLLOWING CODES TO 563-500-1585 TO STAY UP TO DATE ON INFO:

Parks & Recreation General Information: **PARKNREC**
Parks & Recreation Adult Sports: **PNRADSP**
Parks & Recreation Youth Sports: **PNRYTHSP**

REGISTRATION INFORMATION

1. You may register by mail or online at www.cityofclintoniowa.us. A mail-in registration form is available by request. 2. Telephone registrations are not accepted. 3. Payment in full must accompany registration. 4. Senior citizens receive a discount off of adult rates. (not less than a youth fee in the same activity). 5. For registration purposes, youth are up to 17 years of age, adults are 18 and over, & seniors age 55 and over.

DISCRIMINATION STATEMENT

The City of Clinton in the provisions of employment, services and facilities, does not discriminate against anyone on the basis of race, color, sex, creed, national origin, age or disability. If anyone believes he or she has been subjected to such discrimination, he or she may file a complaint alleging discrimination with either the Office of Equal Opportunity, U.S. Department of Interior, Washington, D.C. 20240, or with the City Administrator who has been designated to coordinate compliance with

the non-discrimination requirements contained in section 35.107 of the U.S. Department of Justice regulations. Information concerning the provisions of Title II of the Americans With Disabilities Act are available from the City Administrator.

ACCOMMODATIONS

To make participation in programs/services more enjoyable, individuals with a disability requiring accommodations are requested to inform the Parks & Recreation Department at least 48 hours in advance, so that those accommodations requested can be ready for the individual for participation in their chosen activity.

ACCIDENTS/INSURANCE

Individual, team or group accident insurance is not provided by the City of Clinton for participants in Parks & Recreation Department programs. We recommend that you check with your personal agent to assure coverage. Please report any injuries to department staff personnel.

What is a Rec Club Membership? With your \$20 annual pass, you have access to the Clubs at the Erickson Community Center. If you are interested in adding a Club, please see the staff.

JOG AND WALK CLUB

| | |
|------------------------|---|
| WHO: | Men and Women |
| DAY & TIME: | Year Around 6am-9am |
| SITE: | Erickson Community Center (lower level) |
| FEES: | ECC Club Membership \$20 |

KNITTING AND CROCHET CLUB

| | |
|------------------------|-----------------------------------|
| WHO: | Adults |
| LOCATION: | Erickson Community Center, Room A |
| DATES: | Year round |
| DAY & TIME: | Tuesday, 9am-11:30 am |
| FEES: | ECC Club Membership \$20 |

“HEY COACH” – COACHES WANTED

This is what a team of kids would call you if you volunteer to coach for a team. Teach the fundamentals of passing, dribbling, defense and shooting in a fun age-appropriate environment. Coaches will organize practices and set-up plays for their team. A coach's meeting will be held to hand out program materials and to explain the program. Coaches must fill out a Coach's Application and complete a background check, which are available online or at the Recreation Department Administrative Office.

JUNIOR BASKETBALL (1ST THRU 6TH GRADE)

Join us for this 6 week junior basketball program featuring league play. Players will be grouped together based on their school attendance center. Volunteer coaches will instruct players with fundamentals, skills and plays through practices, followed by 6 weeks of live game play. Game officials will be provided. Team shirts will be provided to both coaches and players.

1st and 2nd Grade League: Boys and Girls play separately. Game day—Sunday. Games start Sunday, Feb 4th and end Sunday, March 10th

3rd and 4th Grade League: Boys and Girls play separately. Games on Saturday mornings and occasionally on Friday evenings. Games start Saturday, Feb 3rd and end March 9th.

5th and 6th Grade League: Boys and Girls play separately. Games on Saturday and occasionally on Friday evenings. Games start Saturday, Feb 3rd and end March 9th.

PRACTICE SITES: Local Elementary School Gyms and Erickson Community Center. (Rural community teams may practice in their hometown gyms, but must abide by the practice allowance per week rule of once or twice a week).

GAME SITE: Erickson Community Center, Clinton Middle School & Eagle Heights Elementary School

GAME 6 game program. Days listed above- Saturday, Sunday's

LIMIT: 4 team minimum required. No more than 10 players per team per school.

TEAM FORMATION BASED ON: School attendance center in Clinton, Camanche, Fulton, Northeast, Preston, Miles, DeWitt, etc. Note: Selection criteria are subject to change based on number of registrations. After the registration deadline, players will be placed on teams at the discretion of the Recreation Department as availability permits.

COACHES MEETING: January 11th 5:30pm- lower level Community Room

PLAYERS CONTACTED BY COACH: After January 11

FIRST PRACTICE: Week of January 15th, 2024

REGISTRATION PERIOD: Now thru January 4th Fee: \$48

LATE REGISTRATION: (Only if availability from Jan 5-11) Fee: \$55

Financial Assistance: \$29

KINDERBALL BASKETBALL LEAGUE

| | |
|------------------------------------|---|
| Game site: | Erickson Community Center- Small Gym |
| Game Day: | Saturdays |
| Limit: | 4 team minimum required. No more than 6 player per team per school (max 72) |
| Team Selection: | Register by school site |
| Note: | After the registration deadline, players will be placed on teams at the discretion of the Recreation Department as availability permits |
| Age: | In Kindergarten |
| Coaches Meeting: | January 25th at 5:30pm. |
| Players Contacted by Coach: | After Jan 25th |
| First Game: | Co-ed Saturday Afternoons Feb 10th |
| Last Game: | March 9th |
| Registration Period: | Now thru January 18th, 2024 |
| Financial Assistance: | \$20 |

SPRING YOUTH SOCCER

Come take part in one of the area's largest youth soccer programs. This program is designed to teach the fundamentals of soccer to participants ages 3 through 8th grade. Children will learn the fundamentals of soccer through practices and games through instruction by volunteer coaches. Games consist of smaller sided play to ensure more quality touches of the ball during games. Roster sizes will vary depending on number of registrations for each league.

There are 9 leagues available including Preschool (co-ed), K-1st Grade Boys, K-1st Grade Girls, 2-3rd Grade Boys, 2-3rd Grade Girls, 4-5th Grade Boys, 4-5th Grade Girls, 6-7-8th Grade Boys and 6-7-8th Grade Girls. Participants are registered by the school they attend.

LOCATION: Jurgenson Soccer Complex-Clinton, IA

4TH & 5TH GRADE DODGEBALL NIGHT

For youngsters who can't get enough Dodgeball! Come as a team of five players and get ready for two hours of active play. Teams may register on that night, or phone the recreation office at 563-243-1260. Prizes As Well.

WHO: Elementary School Youth, Grade 4 and 5
LOCATION: Erickson Community Center, GYM
DATE: November 4, 2023, March 22, 2024
TIME: 6 pm to 8 pm
FEES: \$5 Per Person
LIMIT: 3 Teams Minimum; 8 Teams Maximum
REGISTRATION: At the door beginning at 5:30

FRIDAY FUN NIGHTS

Upper elementary school students here's your chance to hang out with friends at the "REC". Concession Stand available for refreshments. Activities included but not limited to kickball, basketball, a movie, dodgeball, volleyball, and soccer. Parents are welcomed to stop in during this activity. This event is a lock-in, once you come in, you stay until close, unless a parent or guardian enters the building to pick you up. Supervision by department staff and volunteers will be provided.

WHO: Elementary School Youth, Grades 3, 4 & 5
LOCATION: Erickson Community Center, Lower Level
DATES: Friday 5:30 to 8:30 pm, Oct. 27, 2023 & Feb. 23, 2024
FEES: \$5 Pay at Door

ADULT BASKETBALL OPEN GYM

DAYS: Sunday Nights
TIME: 6-9pm
AGES: Adults 18 and older
FEES: \$3
Approx. Dates: Nov 5th – April 7th
 No Open Gym (Nov. 26th, Dec. 24th, Dec. 31th, Feb. 11th, March 17th, March 31st)
ADULTS ONLY

GOALTIMATE

Dates: Friday December 8 to February 2nd (No league 12/22)
Times: 6:30 pm
Cost: \$60 per team 3v3 roster of 5

ADULT VOLLEYBALL LEAGUE WINTER REGISTRATION 2024

ENTRY PROCEDURE: Winter Due Date: Thurs. Jan. 4, by 5pm

Entries contain three items:
1. Minimum Roster **2. Team & Manager Info** **3. Entry Fees Paid** Only original rosters accepted no copies. All three items must be completed to establish entry order due to space limitations. Forms available at the Erickson Community Center.

ENTRY FEE: Volleyball: **\$175**
 \$25 late fee charged after deadline, if entry is accepted.

LEAGUE MEETING: **Winter:** Information will be emailed to managers Thursday Jan 11th, 2024. Agenda to include review of playing rules, administration of league play and preliminary schedule distribution.

SEASON: Playing nights & Divisions: Jan 22nd - March 28, 2024 (approx.)

Monday: Mixed Power Volleyball
 Wednesday: Women's Power Volleyball
 Thursday: Mixed Modified; Women's Modified

ROSTER ADMINISTRATION: Roster change deadline: **February 1st.**

a. Rosters are frozen after the deadline listed above with two exceptions new citizens and team hardship. b. Players can only play on one team in each division: (Men's, Women's or Mixed). c. Any and all individual players must sign the originally submitted Team Roster. Note: The Parks & Recreation Department accepts registrations for teams only.

NOTE: Due to limited facilities, each league is limited to 6 teams (12 teams per night in volleyball).

THANK YOU TO OUR YOUTH SPORTS SPONSORS:

| | | |
|----------------------|---------------------------|--------------------------|
| RIVAL SPORTS | HY-VEE | FIRST CENTRAL STATE BANK |
| KIDDIE KOLLEGE | SCOOTERS | LESLIE ELECTRIC |
| PIZZA HUT | AMERICAN FAMILY INSURANCE | BECKWITH ROOFING |
| TODAY'S DENTAL | | DEPENDABLE DRAIN |
| ELKAY | AEGIS | PEPSI DISTRIBUTING |
| KARA HOWE/STATE FARM | CUSTOM PAK | |



REGISTER TO WIN: QUAD CITY STORM TICKETS!

We are giving away 4-Packs of Quad City Storm Tickets every Friday!

Visit our contest page to enter:
CLINTONHERALD.COM/CONTESTS

Enter Contest:
Now through March 8th

No purchase necessary. Must be 18 years or older to enter.
 Winners will be drawn every Friday. View rules online at
www.clintonherald.com.

CLINTON HERALD
News About You!

DOG PROGRAMS

DOG INSTRUCTORS:

Judy May
LOCATION: Riverview Pool Bathhouse & Nature Barn

Register: Erickson Community Center – 1401 11th Ave N, Clinton, IA 52732 563-243-1260. Each class will require a minimum number to be registered. Once the maximum is met, class is closed even if it has not reached the registration deadline. A soft light-weight nylon buckle collar and 6' leash are required. Any breed of dog will be accepted provided they have proof of distemper, kennel cough (12 wks), rabies (4 mos.) and parvo shots. Must be presented at time of registration (marked receipt from vet).

Registration Deadlines:

Session 1 – February 27, 2024 | Session 2 – April 9, 2024

DOG AGILITY TRAINING AT RIVERVIEW POOL BATHHOUSE

This course gives dogs exposure to jumps, contact obstacle, weave poles, and the basics of canine agility. All breeds of non-threatening dogs allowed, AKC certification not required. Owners must provide a leather or nylon leash and collar.

PREREQUISITES: Dogs must be 6 months old minimum. Handler must show proof of successful completion in a dog obedience class prior to participation.

LIMIT: 5 minimum, 8 maximum
DAY & TIME: Saturdays; 2:30pm - 3:30pm
 Session 1 – March 2 - April 6
 Session 2 – April 13 - May 11

FEES: \$40 (Late fee \$47 if space available)

PUPPY AND DOG OBEDIENCE AT RIVERVIEW POOL BATHHOUSE

Now a combined class for puppies at least twelve (12) weeks of age and all ages of dogs. This class is designed to introduce you and your dog to collar and leash, to endure handling and to obey simple commands. Also, helpful hints on grooming, housebreaking, gnawing and chewing. This class is designed to help you learn how to train your dog; being consistent with your commands, knowing what verbal commands and the hand signals to give your dog. The canine good citizenship test will be taken during the final class. Recommended that the same person should handle the dog at each session.

LIMIT: 6 minimum; 10 maximum
DAY & TIME: Saturdays; 1:00pm - 2:00pm
 Session 1 – March 2 - April 6
 Session 2 – April 13 - May 11

FEES: \$40 (Late fee \$47 if space available)

RENTALS AT ERICKSEN COMMUNITY CENTER

PARTY PACKAGES

Make the Erickson Community Center your place for a special kids' birthday, scouts, class, or Sunday school party!

TWO DIFFERENT PACKAGES:

Party Package A - Community Room and Small Gym - \$60/hr- Community Room holds up to 70 people with tables and chairs and the small gym is across the hall with 2 basketball hoops.

Party Package B - Commons Area and Big Gym - \$80/hr- Commons area holds up to 25 people and has access to the Big Gym.

LOCATION: Erickson Community Center

DAY & TIME: Call for availability

RESERVATION DEADLINE: Five business days notice

PLACES FOR RENT

PARK AREAS TO RENT (April 30 - Oct 15)

Eagle Point Castle: \$40/day, 30ppl, parking at South Shelter

Eagle Point Maple Grove: \$15/day, open space, no services

Eagle Point Waterfall: \$40/day, no vehicles on circle drive, 30ppl

Gazebo Neubauer Park: \$15/day, no services, 30ppl

Lubbers Fountain: \$40/day, 30ppl max, parking on street

Pond Pier - Emma Young Park: \$15/day, no services

Shelter - Chancy Park: \$25/day, 55x32, 12 tables, no electricity, no bathrooms, 54ppl

Shelter - Clinton Park: \$40/day, electricity, 12ppl

Shelter - Eagle Point - North: \$25/day, 56x32, 27 tables, no electricity, bathrooms nearby, 162ppl

Shelter - Eagle Point - Central: \$40/day, 34x25, 9 tables, electricity, no bathrooms, 54ppl

Shelter - Eagle Point - South: \$40/day, 22x20, 8 tables, electricity and bathroom, 48ppl

Shelter - Rotary Park: \$40/day, bathrooms, 75ppl

and Holidays, deposit required. 3 hour min.

For availability, choose Lodge at:
<http://www.recreation.cityofclintoniowa.us/calendar.aspx?id=1>

ERICKSEN COMMUNITY CENTER

Big Gym: \$50/hr whole gym \$30/hr 1/2 gym, one high school court, 2 smaller courts, bleachers, next to concession stand.

Club Room: \$25/hr, upstairs mtg room, 30ppl

Commons Area: \$45/hr

Community Room: \$45/hr lower level mtg room, 70ppl

Small Gym: \$30/hr, one small court

Youth Room: \$45/hr, lower level mtg room 30ppl

Party Package A: Community Room and Small Gym \$60/hr

Party Package B: Commons Area and Big Gym \$80/hr

Entire Lower Level: \$125/hr

MOVIE SCREENS

Outdoor Screen: \$500 call SWANK 1-800-876-5577 to reserve rights to movie. Must have proof. Must have proof. 25 miles from The Rec. May 1 - Sept 30 - 30'x20', blow up screen total size 35x25x16

Indoor Screen: \$250 SWANK info required, year around. 25 miles from The Rec.

RIVERVIEW POOL

Rental Package A - Splash Pad/Kiddie Pool- 9:30am-11:30am \$50 for 2 hours (No Lifeguard) limit 30ppl

Rental Package B - RVP \$350 for 2 hours – June and July only

RVP is available for Saturday and Sunday evenings 5:30pm - 7:30pm

Rentals include: Main pool, Kiddie pool and Splash Pad

Locker rooms - 2 Water slides-Gaga pit-Life-guards-Wibits

Renter may bring food and non-alcoholic beverages in and eat in the picnic shelter area. Glass containers are not permitted. (If staffing permits and swimmers are able to utilize Diving Well, it will open for a short time). Rental of inflatable volleyball court \$100.

BANDSHELLS

Lyons Four Square: \$40 includes electricity, no bathroom

Riverview Park: \$100 with electricity, bathroom 4/30 - 10/15

EAGLE POINT LODGE

299 ppl max, \$50/hr M-Th and \$75/hr F, Sat, Sun

CLINTON MUNICIPAL AIRPORT

HUGE HONOR FOR THE CLINTON MUNICIPAL AIRPORT

The airport was recently awarded the Distinguished General Aviation Award by the FAA at the Four State Airport Conference in Kansas City. This award is very significant, as it is the first time an airport that does not have airline service has been selected. When the FAA Central region, which covers Kansas, Missouri, Nebraska and Iowa, began looking at airports to nominate, they evaluated several factors. Airports needed to be active in the community, consistently do well on safety inspections, submit important projects for funding consideration, and contribute to the local economy, among other things. Here is what Jim Johnson, director of the FAA's Central Region had to say about Clinton Municipal Airport when presenting the award:

Clinton Municipal is a very active general aviation airport serving eastern Iowa. They sponsor numerous aviation events throughout the year and have an active FBO. Their most recent state safety inspection resulted in no discrepancies, and they frequently receive accolades from pilots for their runway condition and snow removal efforts. They maintain a modern and accessible terminal building and they have focused their recent AIP funding on important projects like taxiway and apron pavement improvements and terminal area fencing to secure the airport.

Every member of airport staff has aviation in their blood, is an active pilot and airport user. Tom Paarmann and Roger Blunk, our part time employees, are invaluable. They work very hard to make sure the facilities and grounds are safe, clean and take great pride in what they do. They understand they have a responsibility to ensure safe and efficient operations are conducted daily, and work

very hard to make sure each and every user has a positive experience. It is not uncommon to find them out here after hours enjoying the airport, or staying late to complete a task. We are very proud of their efforts.

The FBO has seen a huge increase in flight instruction, with lessons almost every day. Matt Reed, the FBO manager, has worked very hard to foster a welcoming environment for prospective students. Matt works late, comes in early, and is truly in this for the betterment of the airport. He frequently comes to management with ideas, or suggestions, and works to find ways to improve airport services. Excellent job Matt, thank you for your efforts.

The Airport Commission is vested in operations, has been great advocates, and is extremely supportive of staff efforts to improve services and facilities at the airport. They attend events, and offer excellent suggestions and input at meetings. Staff would like to thank them for their support and feedback - we could not do what we are able to do without your backing.

The City Council recognizes the importance of the airport, and supports improvement projects and efforts. Staff would like to thank them for that support- without it, we would not be able to conduct operations in the safe, efficient and professional manner that we strive for.

The hangar tenants are active, helpful and enjoy using the facilities. Many of them travel from out of town daily to hang out at the airport, even on days when they cannot fly. At an airport conference several years ago, speakers noted that hangar tenants are the backbone of any successful

airport, and we have a strong backbone! Tenants frequently chat in their hangars, or spend time with families enjoying all that aviation has to offer. It is a really cool environment, and they frequently come to management with suggestions or offers to help out. A BIG thank you to all of them for choosing Clinton Municipal Airport.

The attendees of the Cessna 150-152 Fly-In, have selected Clinton Municipal Airport as the location for their event for over twenty years. It is a unique Flyin, and everyone seems to really enjoy it. The Cessna 150/152 Flyin Foundation works very hard to make the event a success. The Flyin brings visitors from all over the country, and internationally. This year, a gentleman from Hong Kong was at the event. The Foundation brings big name speakers, with Mark Baker the president of AOPA visiting this year. Thank you for choosing to have your event at Clinton Municipal Airport each year, we look forward to many more 'Confabs' at the best airport in the Midwest.

Marlana Nass, Airport Manager had this to say about the award:

"Everyone at the airport works very hard to ensure that pilots and visitors are welcomed to the area in a professional and safe manner. We strive to make sure that all of our customers leave having had a positive user experience. This is a great airport, and a valuable asset to the community. Not only do we provide an economic impact to the region, but we are a fun place to hang out. There are not very many places where you can see a young person experience their first airplane ride, while also contributing to the local economy by making Clinton accessible to visitors from all over



the world. I am extremely proud of staff efforts, and I am very grateful to have an opportunity to spend my days doing something I love. I think this award is a reflection of how hard all of us work to make this a great airport, and I am very humbled by the recognition from the FAA and the IDOT, and I am proud to be a part of such a great team."

Matt Reed, FBO Manager had this to say about the award:

"This is a great airport, and I am really proud to be a part of it. This award is a huge honor for the airport. We all love aviation, and try to make sure that our visitors leave with a great impression of the area. It's really cool to be able to offer services like flight instruction and aerial tours to the community. I have been flying for 20 years, and visited quite a few airports. I can honestly say this is one of the nicest airports I've been to, and it has a really great community of pilots."

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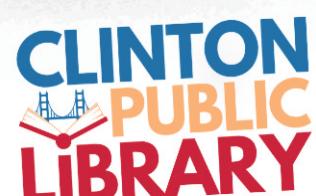
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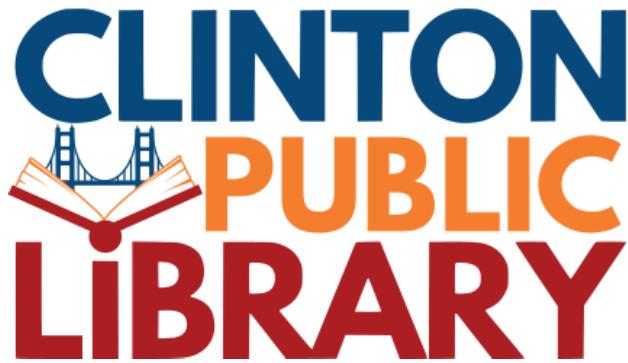
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Clinton Public Library is a department of the City of Clinton and offers a full range of services, programs and materials!

We offer: Faxing, Scanning, Printing, Public notary, 3D Printing, Cricut, Bookbinding, Button making, Lamination, Hotspots, Cake pans, Cookie cutters, Free Computer use & more!

The Lyons Branch library houses genealogy and local history collections, indexes, microfilm, periodicals, books, public computers, printing, copying & faxing.



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CLINTON PUBLIC LIBRARY WILL BE CLOSED:
November 10th, 23rd, 24th, 25th, December 22nd, 23rd, 25th, 29th, 30th
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Get Good with Money and Reach Your Financial Goals with Tiffany "The Budgetnista" Aliche, New York Times Bestselling Author and Award-Winning Podcast Host of Brown Ambition
Thursday, November 9th at 1:00 PM CST



Why She Writes - An Afternoon Chat with Joy Harjo, Internationally Renowned Performer, Writer and Poet of the Muscogee (Creek) Nation

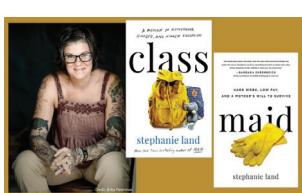
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Thursday, November 16th at 3:00 PM CST



Let's Talk World Building with YA Fantasy Fiction Superstar Author Victoria Aveyard

#1 New York Times Bestselling Author of the Red Queen Series and the Realm Breaker Series
Tuesday, December 5th at 6:00 PM CST



Motherhood, Hunger, and Higher Education: An Author Talk with Stephanie Land

New York Times bestselling author of Maid: Hard Work, Low Pay, and a Mother's Will to Survive
Tuesday, December 12th at 1:00 PM CST

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LIBRARY PROGRAMS FOR KIDS

Wiggle Time

Tuesdays at 10:30 a.m. | Storytime Room on the 2nd Floor

Children 0-3, Join us for Wiggle Time! We will have songs, toys, and bubbles for you and your baby/toddler to interact. This is a great chance for kids and caregivers to socialize with each other and their peers.

Storytime

Wednesday and First Saturdays | 10:30 a.m. | Storytime Room on the 2nd Floor

Aimed for Pre-K, ages 3-5, but all ages are welcome. Join us for fun stories, songs, and a puppet show. We usually have a craft available afterwards.

Afternoon Adventures

Wednesdays at 2:30PM | Makerspace/2nd Floor depending on the activity

K-6th graders are invited to join us starting at 2:30 for fun STEAM activities. Join us for some hands on learning and fun! Activities range from 45 minutes to 75 minutes long depending on the activity. Caregivers are encouraged to join with their younger children.

Sign in is required from caregivers and if they are not joining their children for the activities, we encourage them to stay in the building. Children under the age of 8 are not to be left alone in the building without a caretaker at least the age of 14.

MEET A STAFF MEMBER: RACHEL



Q: How long have you worked at the library?

A: November 2023 will mark about one year of volunteering and four years of being hired!

Q: What do you like most about your position?

A: There are so many reasons I love my job that it's impossible to only name one! I love that I get to use so many of my personal skills and hobbies in my work, such as graphic design, drawing, technology skills, organization, crafts, and coding. I love that I constantly have the opportunity to learn new things, and that every day there's a new project to tackle or challenge to solve. What I like the most about my position is that I love what I do!

Q: What's a recent project or task that you've worked on that you're either particularly proud of or enjoyed contributing to?

A: We recently integrated Memory Kits into our collection, which are meant for dementia patients and their caregivers, but some homeschool families have been using them as learning opportunities as well! I was able to create a logo and promotional materials for our personalized memory kits, as well as a list of all available kits on our website's collections page. I'm very happy with how those turned out, and I'm hoping more people will use the kits upon seeing those.

Q: What is a typical day like in your job?

A: You can almost always find me at a computer doing graphic design work and updating our website and events calendar. If I'm not staring at my own screen, I'm assisting patrons with their screens, looking things up, shelving a thousand kids books, building a moon habitat out of newspaper, drawing groundhogs, elephants, and green dinosaurs... you name it. You're never doing just one thing when you work here.

Q: What are you currently reading?

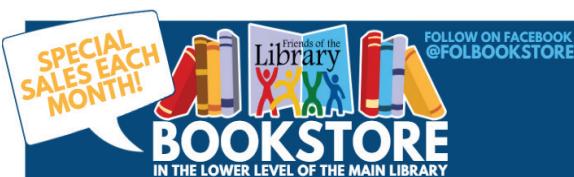
A: Lately I've been trying to get my hands on a copy of "House of Leaves" by Mark Z. Danielewski. It's about a house that's bigger on the inside than it is on the outside. The way I understand it, the house's labyrinth of rooms and corridors are actually reflected in the way the book's text is formatted on the page.

Q: What was the last item you checked out? Was it any good?

A: I recently got back from a trip with my best friend, and we ended up checking out "Junji Ito's Cat Diary" from their home library. Junji Ito is a very popular horror artist in Japan, and this manga is an autobiography written about his cats. This particular manga isn't horror in genre, but horror in artwork. It's pretty funny and I would recommend it to anyone who knows what a cat is.

Q: What are you most likely to be doing on your days off?

A: Playing video games (or watching YouTubers play video games). I love a good platformer, Metroid-vania, or open world/adventure/RPG.



Temporary Hours:

Monday 11:00am - 1:00pm

Wednesday 1:00-3:00pm

Saturday 11:00am - 1:00 pm

Watch for our NEW LOCATION at the Lyons Branch Library coming soon!

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NOVEMBER 14TH 11:30 A.M. AT THE CLINTON PIZZA RANCH**

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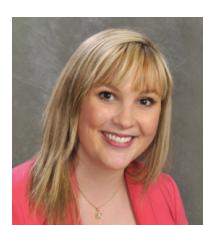
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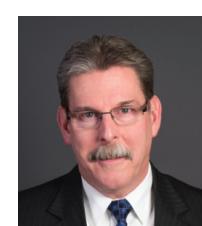
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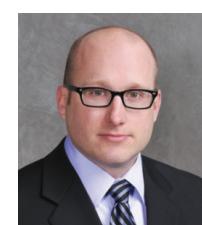
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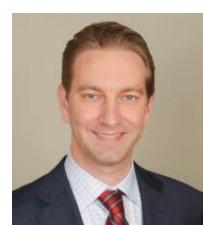
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PUBLIC WORKS DEPARTMENT

Public Works Department: Hours of Operation: 7:00 am – 3:30 pm | Phone: 563-242-2144, then option 1 (Public Works), then option 3 | Phones Answered from 8:00 am – 3:00 pm

PUBLIC WORKS OVERVIEW AND TRAFFIC SAFETY

The City of Clinton Public Works Department is committed to the community's well-being and comprises four key units:

Streets Department:

This 8-person team tackles pothole repairs, street signage, street sweeping, snow and ice removal, alley grading and construction as needed.

Solid Waste Department:

Another team of 6 takes care of garbage, yard waste, and recycling collection. They also handle cart delivery and cancellations and assist in snow emergencies.

Sewer Maintenance Department:

4 employees ensure the city's storm and sanitary sewers are functional. They also lend a hand in snow removal when needed.

Facilities and Grounds Department:

6 people maintain city properties, including parks, trails, playgrounds, and a minor league baseball stadium, and also assist with snow removal.

Residents can submit work orders through the city's ticket system: <https://clintonia.elevio.help/en> and click on "Submit Request" bottom right-hand corner and then fill out the work ticket.

Traffic Safety Reminder:

1. Slow down and change lanes when approaching stationary vehicles with flashing lights. This includes emergency, tow, and service vehicles.
2. Yield to emergency vehicles with flashing lights or audible signals.

POTHOLE

If you've driven in the Midwest, especially during or after the winter months, you've likely encountered one of the region's most infamous road hazards: potholes. In this article, we'll explore why potholes are so prevalent in the Midwest, how they are repaired, and specifically, how to report a pothole in the City of Clinton, Iowa.

WHY POTHOLES HAPPEN IN THE MIDWEST

Freeze-Thaw Cycles - The Midwest is subject to extreme weather conditions that play a pivotal role in the formation of potholes. The region experiences a combination of freeze-thaw cycles where water penetrates the surface of the road, freezes, and expands. When the ice melts, it leaves behind a gap between the surface and the subsurface. As vehicles pass over these weak spots, the road surface begins to deteriorate, ultimately forming a pothole.

Heavy Snowfall and Use of Road Salt - The Midwest experiences heavy snowfall, requiring frequent use of road salts for de-icing. While these salts are essential for safe driving, they also expedite the freeze-thaw process, exacerbating the pothole problem.

Infrastructure Age and Wear - Much of the Midwest's road infrastructure is older and has been subject to years of wear and tear, making it more susceptible to potholes.

HOW POTHOLES ARE REPAIRED

Temporary Fixes - During winter and early spring, when the conditions for repairing roads are less than ideal, temporary fixes like "cold patch" asphalt are used. This material can be applied even when it's wet or cold, making it a quick but less durable solution.

Permanent Fixes - In more clement weather, typically late spring through early fall, more permanent fixes are implemented. The damaged area is cleaned, and then filled with hot-mix asphalt. The edges are sealed to prevent water infiltration, making these repairs much more durable.

HOW TO REPORT A POTHOLE IN CLINTON, IOWA

If you're a resident of Clinton, Iowa, and you've identified a pothole that needs repair, the city has made it convenient to report the issue online.

1. On your web-browser navigate to <https://clintonia.elevio.help/en>.
2. Click on "Submit Request" in the bottom right corner of the screen.
3. Fill out the ticket to completion with brief and specific information of the issue. Pictures may be uploaded as well.

Once submitted, your request will be sent to the City's Public Works Department, which is responsible for road maintenance and pothole repairs.

Potholes are an unfortunate but inevitable part of life in the Midwest, due to the region's unique climate and road conditions. While local governments do their best to repair these hazards, timely reporting from citizens is invaluable. In Clinton, Iowa, the online ticket system simplifies this civic responsibility, helping to keep the city's roads safer for everyone.

WINTER OPERATIONS

CALENDAR PARKING

From November 15 to March 15, Clinton activates its "calendar parking" rules. These rules only go into effect when a snow event of 1-inch or more is forecasted. The parking restrictions are time-specific and require alternating sides based on odd or even dates. Calendar parking helps to facilitate more effective snow removal from streets.

Calendar Parking is a system used to manage on-street parking during snowy months, specifically from November 15 to March 15. The aim is to make it easier for snow removal vehicles to clear the streets.

1. Activation: The rule comes into effect when there's an accumulation of at least one inch of snow.

2. Odd and Even Days:

- On odd-numbered days, park on the side of the street with odd-numbered addresses.
- On even-numbered days, park on the side with even-numbered addresses.

3. Duration: The rule lasts for 72 hours after the snow has stopped falling.

4. Parking Hours: The calendar parking restrictions are in effect from 9:00 a.m. to 6:00 a.m. Residents have a three-hour window to move vehicles to the appropriate side of the road.

5. Day Determination: The date at 6:00 a.m. determines whether it's an odd or even day for parking.

6. Snow Emergency: During a declared snow emergency, parking is not permitted at all on designated snow routes.

7. Commercial Districts: Calendar parking rules do not apply in commercial districts where parking is allowed on both sides of the street.

So, make sure you park on the correct side of the street when it snows to allow snowplows to clear the road effectively.

WINTER OPERATIONS PLAN: WHAT YOU NEED TO KNOW

As winter looms, the streets department of Clinton, Iowa, is prepared to manage the adverse effects of the season. Understanding the city's winter preparedness and parking rules can be immensely helpful to residents for a smoother winter experience.

Street Maintenance - The Street Division of the Public Works Department is responsible for snow and ice control on Clinton's 300+ lane miles of streets. Additional manpower is provided by the Sewer Maintenance, Solid Waste, and Grounds & Facilities Departments. The department has a fleet of eight dump trucks, two end loaders, and specialized snow removal equipment at its disposal to keep streets clear. The main goal of snow removal is to make roads passable, not clear of ice and snow.

Snow and Ice Control Procedures - Each winter storm is unique, varying in snowfall rate, moisture content, and other factors. Clinton uses a combination of salt and brine (liquid mixture) to melt ice and snow, with the exact mix depending on conditions. The city typically applies around 2500 tons of salt each year. Snow plowing usually starts as needed, depending on the weather forecast and current conditions. Private contractors may be employed for specific assignments like snow hauling.

PRIORITY LEVELS

Snow and ice control activities follow a set priority:

1. Priority 1: Hospital and emergency routes, marked snow routes, and primary highways.
2. Priority 2: Bus routes and other major traffic carriers.
3. Priority 3: Residential and other service streets.

*** Alleys are non-priority and do not get plowed. ***

REPORTING AND EMERGENCIES

During non-working hours, the Police Department monitors road conditions and notifies the Public Works Department of any unsafe conditions. The public is also encouraged to report hazardous conditions for immediate action. In cases of severe snowfall of 4+ inches, a Snow Emergency may be declared.

COMMUNICATION

Information about snow emergencies and other important notices are publicized over local radio stations, the Clinton Herald, the city's website, Facebook page, and Channel 18 on Mediacom.

Understanding Clinton's comprehensive winter operations plan not only aids in smoother navigation through the city but also helps in contributing to the city's efforts to keep the streets safe and clear during winter.

NAVIGATING IOWA'S WINTER ROADS SAFELY: BEST PRACTICES FOR DRIVERS

1. Prepare Your Vehicle for Winter - Before winter sets in, make sure to check your vehicle's tire pressure, brakes, lights, battery, and fluid levels. Make sure your windshield wipers are in good condition and that you have a sufficient supply of windshield washer fluid. Consider winter tires for better traction.

2. Keep an Emergency Kit - Store an emergency kit in your vehicle that includes items like blankets, bottled water, non-perishable food, a flashlight, a small shovel, and road salt or sand. This could be invaluable if you find yourself stranded.

3. Plan Your Route - Always check the weather conditions before heading out and, if possible, try to avoid driving during adverse weather. Use well-traveled routes and inform someone of your itinerary and expected time of arrival.

4. Reduce Speed - Always reduce your speed to match road conditions. The posted speed limits are intended for dry pavement, not roads covered in snow and ice.

5. Increase Following Distance - Under normal conditions, a safe following distance is about three seconds. In winter conditions, this should be increased to eight to ten seconds to provide sufficient time to stop safely.

6. Avoid Sudden Moves - Sudden maneuvers can cause you to lose control of your vehicle, especially on icy or snowy roads. Make turns, lane changes, and other maneuvers slowly and gradually.

7. Handle Skids Calmly - If you find yourself in a skid, steer in the direction you want the car to go. Avoid slamming on the brakes as this can make the skid worse.

8. Know When to Brake and When to Coast - If you're driving on a slippery surface, use engine braking when possible by lifting your foot off the accelerator. If you must use your brakes, apply them gently and steadily. If you have anti-lock brakes, do not pump them.

9. Use Headlights - Even during daylight, keeping your headlights on can make your vehicle more visible to other drivers, especially during snowfall or fog.

10. Avoid Distractions - Put away mobile devices, refrain from eating or complicated conversations, and focus on the road. Your full attention is required for safe winter driving.

11. Watch for Snowplows and Emergency Vehicles - Give snowplows and emergency vehicles plenty of room. It's better to follow at a safe distance than to try to pass and risk an accident.

12. Abide by Parking Regulations - Follow any calendar parking or snow emergency rules in your area to allow for efficient snow removal and road treatment.

13. Be Extra Cautious on Bridges and Overpasses - These areas freeze faster than regular roads. Approach them with reduced speed and extra caution.

UNDERSTANDING SNOW REMOVAL POLICIES IN IOWA MUNICIPALITIES

Snow removal is a critical service provided by municipalities in Iowa, especially during the harsh winter months. While the city's snowplows do their best to clear streets for safe driving, they cannot avoid pushing some snow in front of driveways or onto sidewalks. Here's why:

1. Efficiency: Snowplows are designed to clear snow from the roadways as quickly and efficiently as possible. Maneuvering to avoid blocking driveways would significantly slow down this process, leaving more streets snow-covered for a longer period.

2. Equipment Limitations: The snowplows used are not equipped to distinguish between road and driveway. They follow a set path designed to move snow to the side of the road, which unfortunately sometimes means that driveways get blocked.

3. Priority: The primary goal of municipal snow removal services is to make public roadways safe and passable for all residents. While it's inconvenient to have snow pushed onto your driveway or sidewalk, the main concern is keeping the larger transportation network functional.

PUBLIC WORKS DEPARTMENT

SOLID WASTE COLLECTION PROGRAM INFORMATION

The below guidelines are a key component of the program and what residents need to know to participate effectively.

CLINTON CITY WASTE MANAGEMENT: ESSENTIAL GUIDELINES

General Collection Information

- Carts must be out by 7 a.m. on the collection day.
- Use grey carts for bagged garbage.
- Green carts are for loose yard waste; no bags allowed.
- Recycling goes in the blue cart and should also be loose, not bagged.

What NOT to Put in Your Cart

Avoid hot ashes, construction debris, and hazardous waste like electronics, pesticides, paint, motor oil, and flammable material. For questions on acceptable material, call the Clinton County Landfill at 563-243-4749.

Weight and Filling Guidelines

- The 95-gallon carts have a maximum weight limit of 200 lbs.
- Do not place heavy items like rocks, concrete, or bricks in the carts.
- Items should fall out easily during collection, so don't tightly pack your cart.

Cart Placement Rules

- Close lids securely.
- Place carts at least 3 feet apart for automated collection.
- Keep carts away from homes, parked vehicles, utility poles, and mailboxes.
- Ensure the cart is not higher than 1 foot above the road surface.
- Remove carts from collection spots immediately after collection to avoid hazards or theft.

Seasonal Yard Waste Collection

Yard waste collection halts on December 1st of 2023 and resumes the first full week of April, 2024.

Your suggestions are welcome; contact us at 563-242-2144, then choose option 3, option 1 for Public Works. By following these guidelines, you help make Clinton a cleaner, safer community. Thank you for your cooperation!

UPCOMING SOLID WASTE/RECYCLING DELAYS:

Thanksgiving - Thursday, November 23rd

Thursday - There will be no Garbage/Yard Waste/Recycling collections due to the holiday. Thursday's route will be picked up on Friday, November 24th, and Friday's route will be picked up on Saturday, November 25th.

Christmas Day - Monday, December 25th

Monday - There will be no Garbage/Recycling collections due to the holiday. Monday's route will be picked up Tuesday, December 26th, Tuesday's route will be picked up Wednesday, December 27th, Wednesday's routes will be picked up Thursday, December 28th, Thursday's route will be picked up Friday, December 29th, and Friday's route will be picked up Saturday, December 30th.

New Years Day - Monday, January 1st

Monday - There will be no Garbage/Recycling collections due to the holiday. Monday's route will be picked up Tuesday, January 2nd, Tuesday's route will be collected Wednesday, January 3rd, Wednesday's route will be collected Thursday, January 4th, Thursday's route will be collected Friday, January 4th, and Friday's route will be collected Saturday, January 5th.

Solid Waste employees will not get out of their vehicle to pick up trash or empty bins with lids that are not closed. It is important to leave space between the Waste/Recycling/Yard bins in order to allow room for the grab arms to operate safely. Waste/Recycling/Yard waste bins must be a minimum of 3 feet from property such as fences and or vehicles to avoid property damage, drivers will not empty bins that are too close to personal property.

WHAT IS THE "OOPS" TICKET PROGRAM?

The "OOPS" Ticket Program is an awareness campaign aimed at correcting improper waste disposal habits. When city waste collectors spot a violation—be it non-recyclable items in the recycling bin, the wrong type of waste in yard waste bins, or any other non-compliance with the city's waste disposal guidelines—the operator will issue an "OOPS" ticket.

WHAT DOES AN "OOPS" TICKET MEAN?

An "OOPS" ticket doesn't carry a monetary penalty, but it does indicate that there has been a violation of the solid waste program's guidelines and your bin may not be emptied if the concern is not addressed. The ticket will specifically point out what the issue was, offering corrective suggestions so that residents can fix the mistake going forward.

COMMON REASONS FOR RECEIVING AN "OOPS" TICKET

Here are some frequent reasons why a resident might receive an "OOPS" ticket:

1. **Wrong Items in Recycling:** Putting non-recyclable materials like plastic bags, styrofoam, or food waste in the recycling bin.
2. **Contamination of Yard Waste:** Mixing yard waste with other forms of waste or using the wrong type of bag for yard waste collection.
3. **Exceeding Weight Limits:** Placing overly heavy items or overfilling bins beyond the maximum weight capacity.

HOW TO AVOID AN "OOPS" TICKET

1. **Read Guidelines:** The first step in avoiding an "OOPS" ticket is familiarizing yourself with Clinton's waste management guidelines. These can typically be found on the city's official website or through informational brochures.
2. **Timing:** Put your bins out according to the city's collection schedule, before 7 a.m.
3. **Seek Guidance:** If in doubt, consult with local officials or neighbors who are well-versed in the city's waste management protocols.
4. **Check Weight:** Ensure your waste containers are not too heavy to be handled safely by waste collectors.

BENEFITS OF THE PROGRAM

1. **Environmental Impact:** Proper sorting means more efficient recycling and composting, leading to less waste in landfills.
2. **Community Engagement:** The program fosters a sense of communal responsibility and awareness regarding waste management.

SEWER MAINTENANCE

Understanding Sanitary Sewer Overflows: Causes, Responsibilities, and Solutions - Sanitary Sewer Overflows (SSOs) are a concerning issue that impacts both the environment and public health. They occur when untreated sewage is released into the environment before reaching a treatment facility. This article aims to unpack the main causes behind SSOs, outline the responsibilities of homeowners and municipalities, and provide guidance on who to contact in case of an SSO event.

Sanitary Sewer Overflows are incidents where untreated or partially treated human waste, along with other pollutants, escape from the sewer system and spill into the environment. These overflows can contaminate our waterways, cause foul odors, and pose serious health risks to humans and animals alike.

MAIN CAUSES OF SSOs

Blockages

1. Foreign Objects: Items like diapers, wet wipes, and grease that are flushed down toilets and sinks can create blockages.
2. Tree Roots: Overgrown tree roots can intrude into sewer lines, causing a blockage.

System Failures

1. Aging Infrastructure: Deteriorating pipes and outdated systems can fail to handle the volume of wastewater, causing overflows.
2. Power Failures: Loss of power to pumps can halt the flow of sewage, leading to overflows.

Extreme Weather Events

1. Heavy Rainfall: Excessive rainfall can overwhelm the drainage system, causing SSOs.
2. Natural Disasters: Earthquakes and floods can damage sewer lines, leading to SSOs.

WHOM TO CONTACT FOR SEWER MAINTENANCE AND SSO REPORTING

If you observe signs of a possible SSO in your area, it's crucial to report it immediately. For those residing in and around the specified region, the sewer maintenance contact number is 563-357-6055. Prompt reporting allows the municipality to act quickly to mitigate the situation.

HOMEOWNERS' RESPONSIBILITIES

1. **Proper Disposal:** Avoid flushing items like wet wipes, sanitary products, and grease down the drain.
2. **Regular Inspection:** Schedule regular inspections of your property's sewer connection to ensure it's in good condition.
3. **Tree Maintenance:** Keep an eye on tree roots that could potentially interfere with sewer lines.
4. **Homeowners** are responsible for their lateral from their residence to where the lateral ties into the city line.

MUNICIPALITIES' RESPONSIBILITIES

1. **Regular Maintenance:** Regular inspections and cleaning of public sewer systems to ensure they are functional.
2. **Infrastructure Upgrade:** Keeping the sewer system up-to-date and capable of handling increased wastewater loads.
3. **Public Awareness:** Educating the community about what should and shouldn't be flushed down drains and toilets to prevent blockages.
4. **Quick Response:** Ensuring quick action to reported SSOs to minimize environmental and health impacts.

FACILITIES AND GROUNDS

THE MULTIFACETED ROLE OF THE FACILITIES AND GROUNDS DEPARTMENT IN CLINTON, IOWA

The Facilities and Grounds Department in Clinton, Iowa, plays a pivotal role in ensuring that the city's properties are well-maintained, safe, and functional. Their range of responsibilities is broad and encompasses a variety of tasks that are crucial for the well-being and enjoyment of residents and visitors alike. Below are some key areas for which this department is responsible:

MAINTENANCE OF GROUNDS

1. **Parklands:** This department oversees approximately 500 acres of parkland. Maintenance includes lawn mowing, tree trimming, and the upkeep of flower beds and other landscaped areas.
2. **Recreational Trails:** Multiple miles of recreational trails are also under their purview, requiring regular inspections and any necessary repairs to keep them safe for public use.

BUILDING MAINTENANCE

1. **City Buildings:** The department is responsible for the general upkeep, repairs, and improvements to city-owned buildings. This includes everything from plumbing and electrical work to painting and other aesthetic enhancements.
2. **Special Properties:** Unique city-owned properties, such as the minor league professional baseball stadium, are also maintained by this department.

1. **Parking Lots:** The maintenance of public parking lots falls under this department, surface repair, and general upkeep.
2. **City Pool:** Keeping the city's public swimming pool operational, clean, and safe is another task managed by the Facilities and Grounds Department.
3. **Other Infrastructure:** From public restrooms to city signs and benches, the department takes care of a wide range of infrastructure that helps make Clinton a comfortable and attractive place to live and visit.

SNOW REMOVAL

1. **Parking Lots:** During the winter, snow removal from public parking lots is crucial for keeping the city functional. The department deploys snow plows and salt trucks to keep these areas clear.
2. **City Properties:** Other city-owned properties, such as around city buildings, are also cleared of snow, making it safe for employees and visitors.

PUBLIC SAFETY

Lastly, the Facilities and Grounds Department contributes to public safety. During inclement weather, they are on the front lines, removing snow when 1 or more inches of snow is forecasted. This involves close coordination with other departments like the Streets and Sewer Maintenance Departments to ensure a smooth operation.

In summary, the Facilities and Grounds Department in Clinton, Iowa, is an all-encompassing service provider that touches nearly every aspect of public life. Their contributions are indispensable for the quality of life we enjoy in our community.

BUILDING & NEIGHBORHOOD SERVICES

DO I REALLY HAVE TO GET A PERMIT?

Building permits and inspections protect property and the property owners. Period. Plan review saves money by ensuring correct material is being used, and construction inspection ensure code correct installation.

When is a building permit from Building and Neighborhood Services needed... and why:

Roof

Inspectors verify underlayment with ice and water barrier is installed, to prevent property damage. Proper venting is also verified.

Siding

Inspectors verify underlayment and vapor barrier are installed and that siding is installed completely and correctly.

Water Heater

Water heaters can be the most dangerous appliance in the house. Proper piping and venting on gas water heaters and electric connection on electric water heaters is verified. Intake / output tubing for both gas and water lines are inspected.

Furnace / Boiler / AC

Carbon Monoxide can kill. Officials verify proper spacing for the unit and proper intake and output venting, and electric connections.

Plumbing / Mechanical

(any new plumbing or HVAC)

Permits are not needed for changing out fixtures (sinks, toilets, tubs, registers). However, if new plumbing/mechanical is added, then permits and inspections are required.

Electric (re-energize, new service, new panel, any new circuits) Improper electric can cause fires. Get a permit and inspection. Alliant Energy requires an inspection and approval for any re-energize.

Swimming Pool / Hot Tub (Over 24" or having a pump or filter)

Pools are fun, but have many dangers and many safety checks. Even the smaller, less expensive pools. Officials verify 4' safety barrier around the pool, electric circuits are protected, and overhead/underground electric lines are 10'/5' away.

Fence

Fence 6' and under, requires a zoning permit / verification for size, location, and material. Over 6' requires a building permit.

Retaining Wall Over 4'

Falling retaining wall can cause property damage or injury. Officials verify footings, backfill, and drainage to ensure wall is stable.

Flat Work (Sidewalks, Driveways, Patios)

This is a zoning permit to verify that the flatwork is going on the owner's property and any water runoff is diverted correctly.

Deck

Decks require four inspections. A zoning, footing, framing, and final, to ensure lumber size, spacing, and connections are correct.

Shed / Accessory Building (garage)

All sheds need to meet zoning requirements. Over 160 sq/ft, requires a building permit to verify foundation, size, location, & material.

New Building

All new buildings need building permits. Similar to sheds and accessory buildings, these require extensive plan review to verify zoning, foundation, material. During construction, inspectors look at all components of the project.

New Walls or Exposed Studs

Any new walls, or exposed studs regardless of whether they are load bearing or not, need permits and inspections.

Windows / Doors

Code officials verify framing, location, size, and material. Location determines if safety glass or fall protection is required.

If you own your property, live there, and are homesteaded there, you can do most of your own work, WITH A PERMIT and inspections. Rental property or flip property requires licensed professionals for any electric, mechanical or plumbing.

WINDOWS – NOT JUST CLEAR GLASS

WINDOW INSTALLATION REQUIREMENTS:

Congratulations! You've decided to improve your property by installing new windows. If you're asking yourself what happens next, here is a helpful guide that will walk you through every step of the process, from permit application to final inspection.

Permit Application: Prior to purchasing your windows, and before any work begins, it's required that you (or your contractor) apply for a window permit thru Building and Neighborhood Services (BNS). Before the permitting process, it's important that you gather some very vital information that will be utilized during the plan review.

Plan Review: During the plan review process, the information you provide will be checked for code compliance. Information needed for plan review includes:

- A description of which rooms the windows are being installed (basement, basement bedroom, bedroom, living room, bathroom, etc.).
- The type of window being installed (casement, double hung, fixed, etc.).
- The dimensions of the individual window panes.
- The net clear opening dimensions of the window (size of the opening when the window is opened - not to be confused with the size of the rough framed wall opening that the window is being installed in).
- The distance of the top of the window sill from the interior floor.
- The distance of the top of the window sill to exterior grade (ground level outside).
- Whether it's a new window or a replacement window?

The location of the window plays an important role in determining if there are any life-safety requirements, such as basement egress and bedroom emergency escape and rescue openings (a second way out in case of fire). These windows will have specific minimum net clear opening size requirements, as well as minimum height requirements from the floor to the top of the window sill. Also, the distance from the interior floor and exterior grade to the top of the window sill may also determine if there are any additional safety glazing and/or fall protection requirements as well. New windows will have different requirements than replacement windows, so is also important to note which type of window you will be installing as well.

With this information, the building inspector will be able to help you determine if your windows are being installed in the correct application, and if any corrections are needed, they will be able to catch them before the windows are purchased - potentially saving you a lot of headache and hassle, not to mention saving you money. It's much more cost effective to make changes on paper, instead of after you have ordered custom products.

Inspection: Once plan review is completed and passed, your application will be approved and a permit will be issued. Your permit is good for 180 days, and work must be completed prior to its expiration. Once your windows are installed, but prior to covering the work, you must call and schedule a window inspection. During this inspection, a building inspector will verify that the windows were installed as approved (per the plan review), and that they meet all applicable code requirements. The building inspector will also check to ensure that the framing and sealing/flashing of the windows are installed per code as well. Once approved, you can then finish the window installation.

Remember, it isn't just about changing out your windows to make them more energy efficient, it's about the correct size and the correct material for the correct location. We are here to help you in this process.

The changes regarding the window permitting process will go into effect on December 1, 2024. If you have any questions, please feel free to contact Building and Neighborhood Services.

Bickford's Hometown Store
563-243-0190
1714 Hanover Ave
Clinton, IA 52732
APPLIANCES, FURNITURE AND MATTRESSES

WHAT TO EXPECT AND HOW TO PREPARE FOR A CONSTRUCTION INSPECTION:
CAN I DO THE WORK MYSELF?

While witnessed construction site inspections are conducted during the construction phase, most begin in pre-construction during the permit application phase. Having an approved plan is the single most time and money saver for your project whether you are contracting the work or doing the work yourself at your residence. When a permit is applied for, a request by the Building & Neighborhood Services Department for a plan is made. This is a time when we can help code items that may have been overlooked or were unknown, before any construction money has been spent, or to make sure the project is within the city's ordinances. At each application, a plan is requested. Directions for following a code minimum standard is repeated. A list of adopted codes can be seen on the City of Clinton's website. Licensed contractors are aware of their liabilities but some homeowners taking on their own project may not be. Homeowners, that is to say persons that have "homestead exemption" with the tax assessor's office, and live at the address in question, can do their own construction work. This does not apply to work on commercial properties or properties for rent. When a homeowner takes on a project they need to realize that they take on the responsibility to know and follow the applicable building codes. Code enforcement doesn't decrease in intensity because of the person or persons doing the work. Omissions or gaps in the plan can lead to site changes after the installations have occurred. This is something which no one wants and this can lead to frustrations, extended completion times, and added expense.

Once the plan is approved and a permit provided, work begins and no delays should happen if inspections are called for in a timely fashion. If applicable, construction inspections required start with framing of the footing before it is poured, foundation framing before it is poured, framing of the structure, roofing (which is a 2-step process: sheeting and underlayment and final roof), rough-in of electrical, plumbing and ductwork, if applicable, and final. The time to call for an inspection is at least a day ahead of when each stage is expected to be finished.

Keep in mind that the inspectors are working on behalf of the

customer and the State Fire Marshal's Office to see that the project is being built to at least the minimum standard, and to help see that the customer is getting what they are paying for. If, for example, an inspection is not called for, and this has happened too often, and the customer is not satisfied later with an outcome, the Building & Neighborhood Services Department would not have the information needed to help the customer or even contractor at this point. Walls may have to be removed or roofs lifted in order to settle any disputes. This is certainly not a process anyone wants.

The following frequently asked questions are taken from the Iowa State Fire Marshals website on electrical requirements. There are many more on the website:

Q: Do cities have to adopt the State Electrical Code?

A: Yes, the code that the Board adopts will apply to all electrical installations across the state. The codes that cities enforce cannot be less restrictive than the State Electrical Code.

Q: I am a homeowner. Will I have to be licensed to wire my own house?

A: No, a license is not required for an owner of property performing work on the owner's principal residence that qualifies for the homestead tax exemption, if such residence is an existing dwelling rather than new construction, and is not larger than a single-family dwelling. A new house will require the electrical work to be performed by a licensed Electrical Contractor or Residential Electrical Contractor. Inspections are required for all new electrical installations regardless of whether a license is required.

A seamless building process can be achieved by following the advice above. Inspections usually don't take very long. Delays should be eliminated with timely communications. The Building & Neighborhood Services Department communicates with contractors, engineers, and architects constantly to field questions when they arise. Let us help you with the success of your project.

LITHIUM – ION BATTERY SAFETY

Recently a Clinton resident purchased an electronic bike. The resident plugged the e-bike into an outlet in their apartment. After a couple minutes the bike starting making popping noises, the resident attempted to remove the bike from their apartment, but before it could be carried outside, the battery exploded slightly injuring the resident. This is the second incident of an electric bike lithium battery exploding causing fire or injury within the city of Clinton this year.

Communities across the nation are seeing more and more injuries and fires caused by malfunctioning lithium-ion batteries. As of July 2023, the city of New York has reported 114 fires, 74 injuries, and 13 deaths caused by electric bikes, scooters, and similar devices malfunctioning. Recently the New York Fire Department stated lithium-ion battery explosions are now the third leading cause of fires in New York.

Electronic bikes and scooters are not the only lithium-ion battery devices exploding, e-cigarettes and vape pens are also creating concerns across the nation. Over the past couple of years, the City of Clinton Fire Department reported fires caused by vape pens. Last year a vape pen exploded causing a fire and destroying a home, displacing a family.

To protect yourself and your family, officials recommend you follow these rules when handling lithium-ion battery devices:

1. Only purchase and use devices, batteries, and charging equipment that are listed by a nationally recognized testing lab and labeled

accordingly.

2. Always follow the instructions from the manufacturer.

3. Only use the battery and the charger that were designed for, and came with, the device.

4. Do not keep charging the device or device battery after it is fully charged.

5. Only charge one device or device battery at a time to prevent overloading the circuit.

6. Keep batteries at room temperature when possible. Do not charge them at temperatures below 32°F (0°C) or above 105°F (40°C).

7. Do not store batteries in direct sunlight or inside hot vehicles, and keep them away from children and liquids

8. Store e-bikes, e-scooters, and batteries away from exit doors and anything that can get hot or catch fire.

9. Only have device repairs performed by a qualified professional.

10. Do not put lithium-ion batteries in the trash. Recycling is always the best option. Take the batteries to a battery recycling location or contact your local waste department for disposal instructions.

11. Do not charge devices while you are sleeping or when you are not home.

MEGA Autumn SALE

• 6-Month Subscription: \$90.00 (Reg. price \$134.92) • 12-Month Subscription: \$180.00 (Reg. price \$215.88)

Prices available until November 30th. Offer applies to renewals or new subscribers. Offer available in our delivery/same day mail area only. Not valid in conjunction with any other promotional offers.

Call us today!
563-242-7101

CLINTON HERALD
News About You!
221 6th Ave S | Clinton, IA 52732
circulation@clintonherald.com



Wide Access Aisles Versus Narrow Access Aisles

The photo above shows a van-accessible space, which is next to a wide (eight foot) access aisle. The wheelchair user needs this much space, at a minimum, to safely lower the ramp and exit or enter the van.

In the photo below, the van is parked in a standard accessible spot next to a narrow (five foot) aisle. This does not allow enough space for the wheelchair user to safely exit and enter without possible damage to her wheelchair – or to the car parked nearby.



You can help by keeping the access aisles completely open.

Even if you only parked over the aisle a small amount, you could restrict a wheelchair user's ability to enter and exit a ramp- or lift-equipped vehicle.

It might seem like access aisles cover a large area, but people with disabilities need *all* of the space to deploy their ramps or lifts. The wide aisle provides room to safely maneuver on and off the ramp or lift.

So please stay within the lines and honor the aisles!

This brochure is made possible by a grant from the Dole Institute of Politics, with funding from the General Electric Company.

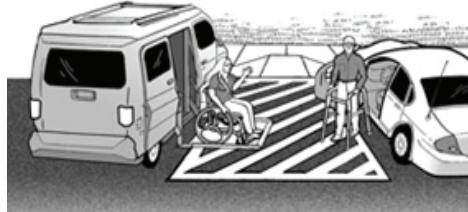
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Accessible Parking Etiquette Honor the Aisles!



Graphic: http://www.ada.gov/business/retail_access.htm

Parking here for "Just a Minute..." ...is 60 seconds too long!

NEVER park in a space reserved for people with disabilities **UNLESS** you have a permit, placard or handicapped parking plates. It's the courteous thing to do—and it's the law.

REMEMBER: Do not park in the striped access aisles next to spaces reserved for people with disabilities, even if you have a permit or plates. Access aisles provide room for wheelchair users to transfer safely to and from their vehicles.

Learn more about the laws on reserved parking for people with disabilities. Contact United Spinal Association at:

United Spinal Association
National Headquarters
120-34 Queens Blvd. #320
Kew Gardens, NY 11415
(800) 404-2898
www.unitedspinal.org

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Fill a Hy-Vee sack with HealthMarket items and save 10% off!



Valid on HealthMarket Department items only, excludes organic produce. Must use LU 95981 at checkout.
At Quad Cities and Clinton Hy-Vee stores on Wednesday only. Some restrictions apply, see store for details.
While supplies last.

YWCA CLINTON

Eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all in the Clinton community and surrounding area for 108 years.



CHILDCARE SERVICES

YWCA Clinton proudly offers childcare for ages 6 weeks to 11 years at **two convenient locations**.

Extended care childcare is available at the YWCA Downtown Campus, 6am-9pm, Monday - Friday.

Our childcare curriculum supports our philosophy and belief that children learn best when they are actively engaged in

play. Modeled after the Creative Curriculum Program used in our Preschool, our childcare curriculum engages children's minds, allowing them to obtain a deeper understanding of the everyday world around them.

**SCAN
ME**



Downtown Campus Lyons Campus

317 7th Ave S,
Clinton, IA 52732
Monday-Friday
6:00am-9:00pm

250 20th Ave N,
Clinton, IA, 52732
Monday-Friday
6:00am-5:30pm

WINTER BREAK CAMP:

Winter Break Camp: December 22, 26, 27th, 28th & 29th

Join us for fun activities, games, crafts and swimming on Dec. 22, 26, 27, 28, 29th from 6am to 6pm. Children should bring a sack lunch, swimming suit and towel. Space is limited. Families will be served on a first-come, first-served basis. Holiday Programs are included in the weekly rate of \$90 per week for part time children and \$165 per week for full time children. Sign up today! Call (563) 242-2110.

JOIN THE YWCA CLINTON FITNESS CENTER!

YWCA Clinton Fitness

Membership Includes:

- Use of our **EXERCISE FACILITIES**, including the weight room, cardio room, and locker rooms.
- Access to the **SAUNA** to relax in, to recover, and feel great!
- An average of **80 FITNESS CLASSES PER WEEK** on land and in the water with a full access membership, including BodyPump, Yoga, Cycling, Aquacize, Senior Classes, and more!
- Entry to our **INDOOR POOL** and all its services, such as lap swimming, water-based fitness classes, water therapy, open swimming, and family fun, available with a full membership!
- **FINANCIAL ASSISTANCE PROGRAMS** to ensure access for all.



More YWCA Clinton Fitness Center Services:

- **IN-BODY COMPOSITION ANALYSIS** to break down your body type percentages and develop a personalized workout routine!
- **PERSONAL TRAINING PACKAGES** to help you learn new exercise routines and provide motivation to improve your overall health and wellness!

To sign up for a fitness membership or another of YWCA Clinton Fitness Center's services, visit our front desk or call us at 563-242-2110. Contact our Health & Wellness Manager, LuAnn Larson, at health@ywcaclinton.org with questions.

WEEK WITHOUT VIOLENCE:

OCTOBER 16TH -21ST

Global movement with YWCAs across the country to end violence against women and girls. Join us from October 16th-21st, as we raise awareness around a common goal: centering survivors so that together, we can end gender-based violence. Visit facebook.com/YWCAClinton for the latest information.



SWIM LESSONS

YWCA Clinton offers swim lessons for ages 6 months to adult. Private Lessons are available based on instructor availability. To register: sign up online or call us at (563) 242-2110.

Session Sign Up: Oct. 23 - Oct. 29

Session: Oct. 30 - Dec. 16

NO LESSONS THE WEEK OF THANKSGIVING



Lifeguard Class Dates:

October 23-29: Monday-Friday 5:30pm-9pm, Saturday 10-5pm, and Sunday 12-3pm.

Cost is \$150 for members and \$175 for nonmembers. We are currently offering an option to lifeguards who sign a 1 year contract to lifeguard at YWCA. They will get the cost of the class reimbursed to them over the year as they finish out their contract. Students will need to be 15 years or older.

CPR Class Dates:

October 26th: 3-5pm

November 21st: 3-5pm

December 19th: 3-5pm

Cost is \$80 for members & \$100 for nonmembers.

SHOE GIVEAWAY!

We have partnered with Brown's Shoe Fit to GIVEAWAY two, \$140 gift cards in order to purchase a pair of brand new shoes at Brown's Shoe Fit!!!



All you have to do to enter is follow these simple steps:

1. Sign Up for a YWCA Membership from Sept 1st - Nov. 30th, 2023
2. Your name gets entered into the giveaway.
3. Drawing will be held the first week of December.

SAVE THE DATE: COLDEST NIGHT OF THE YEAR ON FEBRUARY 24TH, 2024

The Coldest Night of the Year is a winteriffic family-friendly walk to raise money for local charities serving people experiencing hurt, hunger, and homelessness. Save the date February 24, 2024 - team up, fundraise, walk, and gather for food... because it's cold out there. Visit ywcaclinton.org/events for more information.



HUNGER AND HOMELESSNESS AWARENESS WEEK IS NOVEMBER 11-18, 2023

Hunger and Homelessness Awareness Week is an annual program where people come together across the country to draw attention to the problems of hunger and homelessness. Participating groups spend the week holding a series of educational, service, fundraising, and advocacy events. Visit facebook.com/YWCAClintonEC for more information.



FITNESS ON DEMAND

YWCA Clinton offers Fitness-on-Demand workouts. We can pre-schedule a workout for you or you can pick the workout that you want from our kiosk. We offer short workouts with a focus on yoga, dance, balance, martial arts, and HIIT. For more information, call LuAnn at 563-242-2110 x304 or email health@ywcaclinton.org